



Mt. Washington
Pediatric Hospital

Handprints

SPRING 2023

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We Did It!

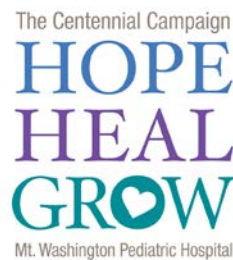
MWPH Wraps Up Most Successful Fundraising Campaign in Its 100-Year History



Mt. Washington Pediatric Hospital's (MWPH) centennial year may be over, but there is still so much to celebrate. The final tally is in, and the hospital raised a staggering \$17.8 million during the HOPE HEAL GROW Centennial Campaign. Everyone affiliated with this organization has helped to bring this campaign to a successful conclusion, putting the hospital in an even stronger position going forward to fulfill our mission of maximizing the health and independence of the children we serve.

"Through the power of philanthropy, we are able to bring our hospital into the next century of care by providing state-of-the-art facilities and innovative programs," said Jill Feinberg, MWPH's vice president for development and external affairs. "Equally important has been the generous support of our boards, staff members, and the entire community."

The campaign's total far exceeded its goal of \$15 million. An amazing 12 percent of the campaign's 2,773 total donors were hospital employees. The hospital's leadership set the tone, stepping forward with some of the first gifts and fostering the hospital's longstanding culture of philanthropy. Every department in the hospital participated in this campaign, from buying raffle tickets to making a gift, and from attending a fundraising happy hour



to setting up a payroll deduction for Giving Tuesday. Every donation speaks to the generosity of our staff, who not only share their time and talent by building their careers here but who give to support the hospital's strategic priorities, as well.

In addition to high levels of employee participation, the campaign brought

1,668 new donors to the hospital, led by the development team's efforts. "I want to thank the development team: Jennifer Meyerhoff, Paula Bragg, and Alison Berry, whose focus, professionalism, and passion are unmatched. Together, along with our entire External Affairs team, we surpassed the goal and energized our community," Feinberg said.

Board leadership played an important role as well, organizing events and getting the word out. "The development office did an incredible job sourcing new donors and bringing in new funding for the hospital, and I was delighted to do what I could to help," said Alison Cohen, campaign chair, MWP Foundation board member and gala chair. "I'm super passionate about MWPH because I can see what a difference every single dollar makes at the hospital. It's nice knowing your donations are really making a measurable difference."

continued on next page >>

We Did It! *continued*

“Through the power of philanthropy, we are able to bring our hospital into the next century of care by providing state-of-the-art facilities and innovative programs.

— Jill Feinberg

Funds raised during the campaign will support three priority areas: expansion and renovation of the Rosenberg Outpatient Center, building the new Ability Center for outpatient rehabilitation, and investing in hospital programs and innovative technologies through the MWPH Children’s Fund.

Rosenberg Outpatient Center Expansion and Renovation – The expansion, completed and opened in June 2021, extended the center’s clinical space from 14,000 square feet to 20,600 square feet and allows for 16,900 additional patient visits each year.

The Ability Center Design and Build – When it opens in 2023, the Ability Center, a newly designed 4,000+ square-foot, technologically advanced rehabilitation facility, will meet the growing demand for outpatient medical and rehabilitation services in the region.

MWPH Children’s Fund – The MWPH Children’s Fund will help to grow both the Mt. Washington Pediatric Foundation’s endowment and the hospital’s annual fund. Both of these invest in priorities that move the hospital and its mission forward including innovative programs, state-of-the-art equipment, lifesaving research, capacity building, and community well-being.

Among the transformational gifts from longstanding and new supporters were generous donations from the Jack & Mae Rosenberg Charitable Trust, Lawrence C. Pakula, MD, the Louis H. Gross Foundation, Roslyn and Leonard Stoler, the Eliasberg Family Foundation, and the Joseph & Harvey Meyerhoff Family Charitable Funds, among others.

Looking ahead, the campaign team is energized and ready to capitalize on the hospital’s success. “We can’t let the momentum stop here. It’s important to keep our donors engaged going forward to deepen their connection with the hospital and make an even bigger impact for these children and their families,” Cohen said. ♥

UPCOMING EVENTS

MONTHLY FAMILY DINNERS

Please check signage around the hospital for dates.

Questions? Call Michelle Hanover at 410-578-2651

APR 20

BUBBLES FOR BABIES

Mt. Washington Tavern, 6–8 p.m.

Join us for a fun night to benefit MWPH! Enjoy tastings of 20+ kinds of sparkling wine and delicious food for a great cause. Get your tickets at eventbrite.com/e/bubbles-for-babies-tickets-570843928557

APR 21

COMMUNITY CAR SEAT CHECK

MWPH visitor parking lot 1–4 p.m.

Check [mwph.org](https://www.mwph.org) for details.

JUN 05

23RD ANNUAL MWPH GOLF TOURNAMENT

12:00 pm shotgun start

Hayfields Country Club

Visit our website, [mwph.org](https://www.mwph.org) for more information.



HHG CAMPAIGN BY THE NUMBERS



4.5 YEARS



\$17.8 MILLION RAISED



2,773 TOTAL DONORS



12% OF DONORS WERE MWPH EMPLOYEES



1,668 NEW DONORS



16,900 ADDITIONAL PATIENT VISITS POSSIBLE THANKS TO THE ROSENBERG EXPANSION



4,000+ SQUARE FEET OF REHABILITATION SPACE AVAILABLE AT THE ABILITY CENTER



25+ GRANTS FOR INNOVATIVE PROGRAMS AND CAPITAL PROJECTS FUNDED IN 2022 THROUGH SUPPORT FROM THE MWPH CHILDREN’S FUND

Message from the Interim CEO

Dear Friends,

Over the past few months, it has been my privilege to step in as MWPH's interim CEO. I appreciate all the wonderful words of welcome and encouragement I have received as I have taken on this role. Everyone at MWPH has gone above and beyond to ensure a smooth transition and to make sure the organization continues to operate smoothly, as it has for the last century. I am truly grateful for your support.

As we look ahead to the renewed energy and optimism of spring, we have many exciting things on the horizon here at MWPH. The hospital's board convened a committee and conducted a national search for the hospital's next CEO. We're pleased to announce that Dr. Scott Klein, MD, MHSA has been selected and will begin on July 1. We look forward to providing more information about Dr. Klein in the next *Handprints* issue.

Construction is well underway for the Ability Center, a 4,000-square-foot space dedicated to excellence in pediatric rehabilitation. Slated

to open in May, the center will feature state-of-the-art equipment that our rehabilitation specialists will use to help thousands more children each year reach their therapy goals.

All in all, we are well positioned to continue delivering outstanding pediatric care for the next 100 years. Thanks once again to our amazing staff for all you do on behalf of our patients and each other. I am indeed privileged to work among such dedicated professionals.

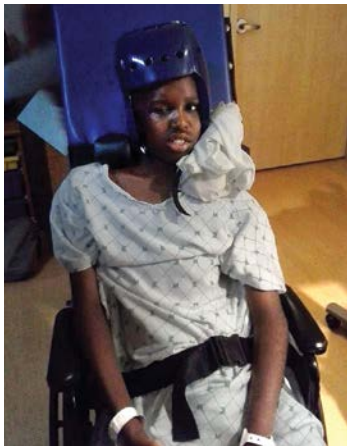


Sincerely,

A handwritten signature in black ink that reads "Mary Miller".

Mary Miller
Interim CEO

Where Are They Now?—Tourian Aldridge



Tourian at MWPH following his accident.

In November 2014, 13-year-old Tourian Aldridge was riding his bike when a car struck him. He was rushed to Johns Hopkins, where he spent two weeks before coming to MWPH. For the first month at MWPH, Tourian was in a coma. He had suffered a traumatic brain injury (TBI) and needed extensive rehabilitation.

Once he came out of the coma, he had to learn

everything, from walking to eating, again. He had daily physical, speech, and occupational therapy. The process, he said, was stressful. "MWPH gave me the right steps, but the team there can only do so much. It was up to me to use those steps to move myself forward," Tourian said.

Tourian spent his 14th birthday at the hospital, and he remembers the lengths the child life team and the nursing staff went to so he could celebrate. "They had a little party for me," he recalled. "I got to spend some extra time with the facility dog, and they set up a little putting green outside, so I could do a little golfing. It was nice."

Tourian spent more than six months at MWPH before being discharged home in June 2015. He continued to come to the hospital for outpatient therapy. He also participated in the cognitive support group, which brings together young people who have suffered TBI or have other life-altering disabilities. In that group, Tourian said, "We'd talk about what's going on in our lives and how we can influence others to fight through the pain."

Now 21 years old, Tourian is in his first year of medical school. He hopes to specialize in oncology. He also runs an online mental health group, offering resources to help others share their stories of healing. (You can find him on YouTube at [oops I lost my limb](#) and on Instagram at [olimbz](#)).



Tourian today

"Most people who have not been in my shoes may think I am different. The truth is, I'm just like they are, but the road I took, my path, is different from theirs," Tourian said. "My mantra is the footprint model: your past footsteps won't make an impact unless you continue to step forward." ♥

EMPLOYEE NEWS

GET TO KNOW OUR STAR EMPLOYEES

The STAR employee award honors those employees who personify our CARES values—Considerate, Attentive, Respectful, Efficient, Safe. These honorees are recognized as outstanding role models in our hospital.

January



Names: Barbara Moore (left) and Kayla Kupfer

Barbara Moore:

Title: Pediatric Nurse Practitioner/Director of Lead Poisoning Program/ IT Analyst, Medical Staff Liaison

Department: Medicine

How long have you worked at MWP: 28 years

What is your favorite thing about your job: I still see patients through the Lead Clinic Program but also spend the majority of my time working with the IT team on Expanse. I have enjoyed this opportunity immensely.

Name one thing that most people don't know about you: I have two grandchildren ages 1 and 3, which is so much fun. As a family hobby, we have Gauge 1 Live steam train engines with a portable track which we set up at different locations along the northeast about 12 times a year.

Kayla Kupfer:

Title: Outpatient Nurse Manager

Department: Outpatient

How long have you worked at MWP: 6 years

What is your favorite thing about your job: The people I work with. I love seeing what they can accomplish and how much they are able to make a difference in our patients lives.

Name one thing that most people don't know about you: I have a bachelors degree in psychology, as well as nursing.

March



Name: Sarah Beale, MS, CCLS, CEIM

Title: Clinical Child Life Specialist

Department: Child Life and Therapeutic Recreation

How long have you worked at MWP: 12 years

What is your favorite thing about your job: One of my favorite parts of my job is getting to interact with the families of our patients—whether that is teaching them infant massage, providing education about their child's developmental milestones, or working with a sibling of a patient. Empowering our families is so important in the overall well-being and care of our patients and it has been a joy to walk with them through their time here at MWP.

Name one thing that most people don't know about you: I am an identical triplet and was born at 29 weeks.

February



Name: Food Services Team

Quote from Mark:

"It takes special people to come in here day after day, in the face of adversity, knowing the challenges that await them, but with unwavering dedication face the challenges head on, conquer them, and come back for more the next day. This group is a family, and they always pull together to take care of our patients, families, and staff."

DAISY AWARDS

Alexis Griffey, RN



"I could never express my gratitude for Alexis in words that would live up to her kind, caring and gentle spirit. As most could imagine, having a child in the hospital is beyond difficult. It is physically and emotionally draining, but having a dedicated and attentive nurse such as Alexis has definitely made it easier to take a breath of relief and be able to relax for a time knowing she is watching over and caring for my daughter. Her outstanding professional and personal characteristics are more than deserving of this award. My family's appreciation for her is beyond measure and we are so truly blessed to have her as our nurse." —patient parent

PROMOTIONS

- **Shelley Brock** from LPN to RN
- **Rachel Cosentino** from nurse grad to RN
- **Markayia Foster** from PCA to RN
- **Mary Miller** from CFO to Interim President/CEO
- **Troy Rodgers** from Manager, Security to Director, Security
- **Teresa Spinks** from Radiology Tech to Radiology Manager
- **Tim Turnage** from Maintenance Mechanic to Maintenance Manager

MYTHBUSTERS



Myth busted by Caitlin Herman, PsyD, pediatric neuropsychologist

MYTH: The severity of a brain injury is the only factor determining outcomes.

FACT: Not quite! There are many factors to consider when estimating recovery outcomes of pediatric brain injury patients. While the severity of the injury is a significant factor, there are others to consider.

Age at time of injury is another important aspect in determining long-term outcomes. While research is mixed on the impact of injury in younger versus older children, many times, our youngest brain injury patients have not yet developed the skills we often see impacted in brain injury. That means these skills, including executive functioning, attention, and higher-level cognitive abilities, may not show problems until later in a child's development.

For example, if an injury occurs before school age, the child may not be expected to sit still or attend to stimuli for extended periods of time. It may not be until the child begins school in a structured setting that we will see challenges with these skills. In general, it is important to monitor for changes in areas of difficulty with pediatric brain injury patients, as challenges can vary over time.

Early intervention and awareness are key to ensuring success as our young patients grow older. By putting supports in place from the time of injury, families can be better equipped to manage any issues that may arise or change with age. The Brain Injury Clinic at MWPH is a multidisciplinary team that can support patients from their discharge home and through their recovery to ensure they have access to the appropriate supports as their needs change.

Visit mwph.org/brain-injury to learn more.

5 MINUTES WITH Tim Turnage



In this new *Handprints* feature, we spend five minutes talking with maintenance manager Tim Turnage. Recently promoted to the manager position, Turnage has worked at MWPH for seven years.

How would you summarize your role?

I managed a team of six maintenance professionals, and together, we put out fires all day long. We respond to work orders to address maintenance issues any MWPH team member comes across. I answer calls, address concerns, participate in meetings, and order equipment and supplies to make sure we have everything we need.

What brought you to your field and to MWPH?

I've always liked working with my hands. Since I was little, I've always liked taking things apart and finding out how they work. I used to drive my mom and dad crazy, because there was nothing I wouldn't try to take apart. I've been in the field of maintenance professionally since 1996.

For 14 years before joining MWPH, I was working in apartment maintenance. I was looking for a change of pace, so I joined the hospital. I like the department, the people I work with, and the work itself. We have camaraderie here in the maintenance shop and among all the plant operations team.

What do you find most rewarding about your role, and what is the most challenging?

Knowing what we do helps the clinicians be able to do what they need to do to help the patients is very rewarding. It's also rewarding to see the guys on our team happy and completing their jobs. The best part, though, is seeing the patients go from being so sick when they arrive to being so much better when they leave. I'm proud to be part of the great work the organization does.

The most challenging part of the work is making sure everyone all maintenance jobs are completed without overstressing the staff.

What kind of impact do you hope to have on MWPH?

I hope to continue making improvements to our systems, leaving it better than I found it. I'm also focused on updating and modernizing equipment, always moving forward to make the hospital better for everyone.

MWPH Provides Valuable Service with Refugee Health and Immunization Clinics



Dr. Virginia Keane, one of four volunteer physicians, helps to provide a well-child visit for a refugee family.

YOU PROBABLY KNOW that MWPH's community benefit programs provide lots of different programs and services each year. But did you know that MWPH provides \$2.5+ million in community benefit services, including more than 200 programs and events, that reach over 250,000 people each year? One of 2022's new programs has had a significant impact on health equity and access for some of the region's most vulnerable populations: refugee children. Baltimore city is home to refugees from South and Central America, as well as Afghanistan and East Asia. Children who have fled persecution in other countries and are new arrivals in the United States often have medical needs and may not have a regular pediatrician or a medical home. Making it easier for these children and their families to access basic primary care can change their lives for the better.

"The strength of MWPH's community benefit programs is in the robust community partnerships we've built," said Rachana Patani, MWPH director for community benefit programs. "When the mayor's office reached out and asked if we would be willing to partner with the Baltimore City Office of Immigration and Refugees to provide well-child visits and screenings for the refugee population, we were thrilled to get involved."

Under the leadership of Richard Katz, MD, MWPH's chief medical officer and Ed Perl, MD, medical director for MWPH's Community Health Advisory Board, the program assembled a team of four physicians, five nurses, and three volunteers to provide well-child checkups, vision and hearing screenings, referrals to lab work, and resources for follow ups. So far, five clinics have been held, serving 32 families.

In addition to the five clinics, the MWPH's community benefit team has provided 1,454 growth assessments, 556 vision screenings, and 420 hearing screenings and has held six childhood immunization clinics, providing lifesaving vaccines to underserved children in Baltimore City. The success of these clinics has enabled MWPH to help move the needle on one of its priority community health needs: increasing health equity and access for children across our community. Working together, we will continue to promote children's health in a wide variety of ways, doing what we can to lift up all those who call Baltimore home.

To get involved with MWPH's community benefit programs and events, visit mwph.org/community for more information. ♥

Community Benefit by the Numbers

5

REFUGEE CLINICS

6

IMMUNIZATION CLINICS

4

PHYSICIAN VOLUNTEERS

5

NURSES

556

VISION SCREENINGS

420

HEARING SCREENINGS

863

CHILDHOOD VACCINES

1,454

GROWTH ASSESSMENTS

MWPH'S LACTATION TEAM LAUNCHES OUTPATIENT CLINIC

Lactation Services
We LOVE your referrals...

Thank you for your referrals. Mt. Washington Pediatric Hospital is a trusted resource for the care and healing of infants and children. MWPH has dedicated Certified Lactation Counselors and International Board Certified Lactation Consultants to help with all aspects of infant feeding.

Counselors can address an array of feeding issues including:

- Latching
- Supply
- Transitioning from breast to bottle
- Transitioning to baby foods
- and more!

We are here for your patients!
Thanks for the LOVE!

Counselors are available 5 days/week and can be reached at milk@mwph.org

Mr. Washington Pediatric Hospital

MWPH's successful lactation support program helps hundreds of mothers of hospitalized patients each year, but the team wanted to do more. In summer 2022, the team expanded its focus by opening an outpatient clinic to support women whose babies have been discharged home from MWPH as well as women in the broader community.

"MWPH serves a unique population of premature babies or babies with medical needs. Our team is here to support moms in their goals for breastfeeding their babies despite challenges and barriers," said Lesley Delaney MS, CCC-SLP, CLC.

You may have heard the adage that "breastmilk is best," but in the case of medically complex or fragile newborns, breastfeeding is rarely as simple as it seems. Mothers of high-risk infants face significant barriers, including difficulty establishing and maintaining a milk supply, trouble transitioning infants from gavage feeding to breastfeeding, maternal exhaustion, and prolonged hospitalization, making it difficult to breastfeed on a regular schedule. That's where MWPH's lactation support team comes in.

The lactation support team's goal is to provide the extensive support and encouragement many mothers of hospitalized infants

need to reach their breastfeeding goals. The team includes two speech-language pathologists, one of whom is an international board-certified lactation consultant, as well as and one occupational therapist. All members of the team have specialized training in lactation support.

"MWPH's inpatient services provide a bridge of care as families transition from a mother-baby unit at an acute care hospital to MWPH's baby-focused unit," said Bethany Gallagher, MS, CCC-SLP, IBCLC. "Launching an outpatient clinic enables us to continue that transition after discharge, promoting safe feeding and breastfeeding as mothers navigate being back at home or going back to work while continuing to breastfeed."



The lactation support team is proud to be funded in part by generous grant support from the Mt. Washington Pediatric Foundation.

The foundation also provides funding to support the meal voucher program, which gives every lactating mother at MWPH a voucher for one free meal per day.

The team hopes to continue growing the outpatient lactation support clinic and encourages both patients and referring providers to get in touch. Anyone who needs lactation support, while in the hospital or after their baby goes home, or in the general community, can contact the team by emailing milk@mwph.org. ♥

MWPH: IN THE COMMUNITY

SINCERE THANKS to the MWPH staff, foundation board, volunteers, donors, and community partners for their tireless efforts in making the 9th Annual Toy Shop a huge success!

JUST LOOK AT ALL THE IMPACT WE MADE →





Patient Parent Perspective

Christen and Torri Green



Christen and Torri Green are parents to two-year-old Camden. After a normal pregnancy and delivery, Camden began having seizures at three months. He was eventually diagnosed with focal cortical dysplasia, and in June 2022, Camden underwent surgery to disconnect the parts of his brain that were responsible for his seizures. Camden has been seizure-free

since the surgery and is making great strides in his development. "It's like Christmas every day," said Torri, Camden's dad.

How did your family first connect with MWPH?

Camden started outpatient therapy shortly after his first seizure, but he wasn't making as much progress as Christen and Torri hoped. In August 2021, Camden came to MWPH to begin outpatient occupational and physical therapy.

What other services has your family received at MWPH?

Camden has received outpatient occupational, physical, and speech therapy. He also participated in the feeding program and the brain injury clinic. After his brain surgery in June 2022, Camden spent two-and-a-half months at MWPH as an inpatient while he recovered.

What stands out about MWPH?

"Everyone, from the nurses to the food service attendants and the hospitality staff, was empathic, supportive, and flexible. They connected with Camden, and with us as well. The staff at MWPH came together, like a small village, to help us and our child," Torri said.

It was a safe and positive place for Camden," Christen, Camden's mom, added. "Everyone is so kind and genuine—they treated Camden like he was their own child. Their desire is to see the kids be successful—the therapists are encouraging, knowledgeable, and really wonderful at their job. The environment feels like a family."

What advice would you give to parents coming to MWPH for the first time?

"Accept that you have great professionals who are there to help you and your child. Let them do what they do best and understand that all of the steps in this process will ultimately benefit you, your child, and your family," Torri noted.

"Talk to the therapists, ask questions, and continue practicing with your child at home between therapy appointments. Be patient and have faith that the therapies really do work," Christen said. "Talk with other parents as well: You are not alone, and other parents can be a great resource."

KUDOS for our Caring Staff

"Our M.A. Tameka was so friendly and personable. She was great with my daughter and really seems to care for her patients and families. Very impressed and happy with the care we receive in your office!"
—patient parent

"My experience was very good, because when my daughter was transferred she wasn't doing well. When she was transferred to Mt. Washington Pediatric Hospital, it didn't take even 3 days to see a change. My daughter picked up, and everything was so quick. She's been great, even right now she's doing very good."
—patient parent

Dear Ms. Baberry I want to say you have been the best therapist lady I ever had, we been doing this for six month, we have fun together doing fun activities you set up for me and trying to do Edgar behavior to stop saying bad and curse words, so as a reward on valentine I give you a heart chocolate gift and a ~~card~~ card and happy valentine day.

For information or questions about *Handprints*, contact **Katie Yeager**, Communications Coordinator at katharine.yeager@mwph.org



Mt. Washington Pediatric Hospital

Where Children Go to Heal and Grow

Est. 1922

An affiliate of University of Maryland Medical System and Johns Hopkins Medicine

Handprints is a publication of the Development department for MWPH's patient families, staff and the community.



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