

Episode 3: How to Talk with Children about Race and Racial Trauma

Children's books and other resources for how to talk about race and racism:

- This [website](#) includes a list of children's books that promote conversations regarding race and racism.
- This [article](#) discusses several books, in addition to discussing ways to discuss the current events with your children in a developmentally appropriate way
- [Resources from The National Museum of African American History and Culture](#)
- ["A kids book on racism." \(for age level 5-9\)](#)
- [NPR podcast episode on talking to kids about race](#)
- [Anti-racism resources](#)
- [Sesame Street and CNN Town Hall talking to children about race and racism](#)
- [Social Justice Resources](#)

Resources to help our children understand and respond to racism:

- [Four Questions to Ask Yourself Before Talking to Your Kids About Racism](#)
- [A Parent's Guide to Preventing and Responding to Prejudice](#)
- ["But Daddy, Why Was He Shot?" : How to Talk to Children about Race](#)
- [Talking to Kids about Ahmaud](#)
- [I'm a White Mother of a Black Son and We All Need to Talk to Our Kids About Ahmaud Arbery](#)
- [White Parents: Here's How To \(and How Not To\) Talk to Your Kids About Racism](#)
- [A Conversation to Consider: Get Home Safely: 10 Rules of Survival](#)
- [Imani Perry | Breathe: A Letter to My Sons \(Interview, Book Link, Article\)](#)
- [WBUR.ORG Interview on The Importance of Addressing Race with Your Children](#)
- [How to Talk to Your Children about Protests and Racism](#)
- [Talking to Kids About Race](#)
- [Resources for Talking About Race, Racism and Racialized Violence with Kids](#)
- [10 Ways to Start a Conversation About Race](#)