

Telepsychology Insurance Guide for Families

We are pleased to offer the convenience of telepsychology services to our patient and families. **We require payment in advance via cash, check or credit card for these services.**

Many families want to know if their health insurance carrier will reimburse them for money they pay for telepsychology services. We have created this guide to help you find this information.

Every insurance plan is different. Mt. Washington cannot determine if you will be reimbursed for these services. We suggest that you provide the information below to your insurance carrier, and ask the listed questions. **When you call, it is helpful to record the date of the call and the person that spoke to you.**

Provider

When providing telepsychology services, your psychologist is working under Mt. Washington Pediatric Community Health Services. The Tax ID # is 38-3987088. MWPCHS does not have contracts with any insurance companies for psychology, and is therefore considered an out-of-network provider.

Services

When your child receives telepsychology services from MWPH, the hospital will give you a receipt with the "CPT" procedure code(s) and "ICD-10" diagnosis code(s) related to the service.

The CPT codes for telepsychology will be one or more of the following:

<u>CPT Code</u>	<u>CPT Code Description</u>
90832	Individual therapy 30 minutes
90834	Individual therapy 45 minutes
90837	Individual therapy 60 minutes
90846	Family therapy without patient
90847	Family therapy with patient

The CPT code will need to be followed by a modifier of "GT" or "95", depending on your insurance.

Diagnosis Codes

The diagnosis code will reflect the reasons for treatment. There are many possible codes. All will be codes that are typically (but not always) reimbursed by behavioral health providers.

Questions for Your Insurance Carrier

1. Do you provide coverage for services provided by out-of-network providers?
2. Do you cover telepsychology services provided by a licensed psychologist at the same level you would cover in-person psychology services?
3. Does coverage include telepsychology where the patient is at home, and the provider is at his or her office?
4. How much do you reimburse for the codes above when the provider is out-of-network?
5. Are there limits on the number of services that can be reimbursed in a given plan year?
6. Are there limits on the frequency of services that can be reimbursed?
7. **Are these services subject to a deductible, and has that deductible been met?**

We hope this is helpful. We look forward to providing services to your child, whether at MWPH, from your home, or both.