

potential. promise. possibilities.



Mt. Washington Pediatric Hospital  
2009 Annual Report

## our mission

*Mt. Washington Pediatric Hospital is dedicated to maximizing the health and independence of the children we serve.*

## our vision

*Mt. Washington Pediatric Hospital will be a premier leader in providing specialty health care for children, as distinguished by our:*

Quality of care

Service excellence

Innovation

Multidisciplinary approach

Family focus

Outstanding workforce

## our values

*Mt. Washington Pediatric Hospital will act in a manner consistent with these values:*

### **Quality**

Adhere to the highest standards of care in a safe environment

### **Integrity**

Act with honesty and truthfulness in all patient care and business activities

### **Respect**

Treat all individuals with compassion, dignity and courtesy

### **Education**

Promote lifelong learning

## Dear Friends,

*Our thoughts and imagination are the only real limits to our possibilities.*

—Orison Swett Marden (author, 1850-1924)

At Mt. Washington Pediatric Hospital, we help each child reach his or her full **potential**. A child may face serious medical or developmental challenges—from a congenital health problem in a newborn baby, to accidental brain injury or a chronic health issue such as lead poisoning or asthma. The staff at Mt. Washington Pediatric Hospital believes that each child deserves the nurturing that will help him or her live the most independent life possible. Our care is not only physical, it is emotional—we care for the whole child and family.

The 2009 fiscal year was a period of growing **promise** for MWPH. As a result of the strategic plan adopted by the Board of Trustees, we laid the groundwork for an ambitious undertaking that will enable Mt. Washington Pediatric Hospital to realize greater capability in serving some of our most fragile children—the babies in the Center for Neonatal Transitional Care (CNTC). The planned expansion of the CNTC arose from an increasing demand for medical services for children born with high-risk conditions resulting from premature birth, prenatal drug exposure and other life-threatening conditions. These infants—some as small as two pounds—come to us from our medical partners: the Johns Hopkins Health System, the University of Maryland Medical System and other acute care hospitals in the mid-Atlantic region.

The expansion's planning stage allowed us to begin the process of updating and enlarging the aging neonatal patient unit. A team composed of the CEO, along with clinical and executive staff, met with architects to develop a space that will expand our **possibilities** and serve an additional 100 children annually with the latest care protocols, education for families and medical technology.

The medical, rehabilitation, child life and family education teams on the inpatient units continued to work with older children who were with us for treatment after serious accidents, injuries and surgeries. These caring staff members performed tirelessly to bring about positive changes for our patients, helping them to improve in all aspects of their daily lives—school, play, re-entering their communities, and learning how to function more independently.

We continued to expand services for children who come to us as outpatients for diagnosis and treatment of many different medical conditions. We have helped thousands of children achieve healthier, more active and independent lives by showing them how to manage their conditions so that they could reach their highest physical and mental potential. As a result, many have been able to live in more positive circumstances than before.

The executive team at MWPH provided leadership in all areas of the hospital and within the community that it serves. The team's stewardship of the facilities and financial resources enabled the hospital to complete another successful year despite a less-than-positive economic climate.

Much of Mt. Washington Pediatric Hospital's ability to help and care for our patients happens as a result of our supporters' generosity. Because of our continuing need for capital improvements, new technology and new patient care programs, we remain dependent on the kindness and generosity of our donors.

In the past year, we have looked to you for assistance with a number of programs and initiatives. Even with the significant economic challenges we have all faced, you came forward to show that you care. It is because of you that we can reach for our fullest potential in order to help our children reach for theirs. To you who help us, we offer our most sincere thanks.



*Sheldon J. Stein*

Sheldon J. Stein  
President and CEO



*S. Tracy Coster*

S. Tracy Coster  
Chair, Board of Trustees

# Spotlight:

## David Beatty, RN: *Nurturing Possibilities*



Started as an LPN at MWPH in June 1984

Recipient of Robert Wood Johnson Foundation Scholarship, earned degree as RN in 1997

Current duties: Working in the Center for Neonatal Transitional Care (CNTC), and serving as Weekend Nursing Supervisor

### *What interested you in becoming a nurse?*

I started in 1974 as a tech in the Johns Hopkins emergency room. I saw how much people were going through, and I just basically wanted to help people. That's how I ended up here in 1984—I wanted to do pediatrics.

### *Do you enjoy working with parents, too?*

Yes, that's one of the most important jobs that we can do. It's so important to be able to have that impact on them, because even though they may have had other kids, they haven't had one that has special needs, and each child is different when it comes to caring for them. I try to build the parents up and let them know that we all started someplace, we all started at the bottom and we all ask, "which way is up?"

### *What is special to you about MWPH?*

It's the fact that we're able to do what most other hospitals can't—and that is to give the parents time to get ready to bring their child home. We teach them to be organized and get it together. Also, what's special about Mt. Washington is the family-type atmosphere. Everyone you see here, the techs, the nurses—everyone who's exposed to them—they really take to the kids. But it also makes it difficult to discharge them and let them go.

### *You were a male nurse well before it became commonplace—was it difficult?*

Well, I knew who I was and I didn't worry about what people thought. My family raised me to be assured and confident—not arrogant, but confident. They also kept me humble because of the way they brought me up, so I didn't worry about it.

### *What's the most rewarding part of working with the infants in the CNTC?*

Their resilience—they overcome so many things that would break us. I know if we are doing the best we can—if we do our best to do the very best for them, and incorporate them into our lives—then we have it made.

### *What changes have you seen over time in the patients who come here for treatment?*

They come younger, smaller, and more technology-based. I see babies that are being born so much more prematurely, and the prematurity itself brings along with it issues. But there are things that we can overcome with time—if given the time to do so and the resources.

### *On difficult days, what keeps you going?*

It's just knowing that we help start the foundation that the families will build on for the rest of their lives. And a good foundation is what you need. That's the fun part, to be able to do that. I had a good foundation, and if I can give a parent a good foundation, you never know what they're going to accomplish.

## Programs & Services

Center for Neonatal Transitional Care

Developmental Evaluation

Diabetes Management

Endocrinology

Feeding Evaluation and Treatment

Gastroenterology

Gynecology

Infusion

Lead Poisoning Treatment

Neurology

Neuropsychology

Orthopedics

Psychiatry

Psychology

Physiatry

Pulmonology

Radiology

Rehabilitation

Sleep Testing and Evaluation

Weigh Smart®

## Roslyn Stoler: Realizing Potential One Child at a Time

Since the founding of Mt. Washington Pediatric Hospital in 1922 by Hortense Kahn Eliasberg, women have been a driving force in its growth and development. From governance to clinical roles to fund-raising, women have been a constant source of strength in supporting the mission of the Hospital.

For the past five years, Roslyn Stoler has served as a volunteer, trustee and ardent supporter of MWPH. When you first meet “Roz,” as she is known by her friends, you are struck not only by her natural beauty and grace, but her unrelenting passion for her own children and grandchildren as well as those children she has never met.

Both Roz and husband Leonard are no strangers to humble beginnings. Len’s family owned a market in Baltimore and Roz was raised in a hardworking Pittsburgh family. After serving in the Air Force, Len began his civilian career at a friend’s used car lot. With much fortitude, Len became part owner and began to build an automotive empire that is now known as Len Stoler Automotive Group.



Roz and Len were set up on a blind date with another couple and it was “love at first sight” for both. After marrying, Roz became a loving mother who dedicated her life to raising their children and to helping those who were less fortunate. Roz recalls the early years, “Len often traveled for business. I was the constant in my children’s life.”

Nearly 50 years after their first date, two children and eight grandchildren later, Roz and Len both agree that it is important to help those who cannot do for themselves. “I have always been interested in health-related causes. Clinicians heal a patient’s body—I focus my philanthropy on healing their being.” This philosophy is evident in the Stoler’s support of the University of Maryland Marlene and Stewart Greenebaum Cancer Center’s Image Renewal Center, a program designed to enhance the self-esteem and appearance of cancer patients. Roz considers this one of their finest charitable endeavors.

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*“There is a great satisfaction in knowing that our philanthropy can enhance the lives of so many we will never know.”*

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She fondly recalls her first visit to Mt. Washington Pediatric Hospital: “I fell in love with this little boy, Moses. He tugged so at my heart I bought him a toy car for Christmas.” Every December, Roz fills the hallways with gifts for every inpatient. She reminds us that you don’t have to donate millions to be a philanthropist. “Even small kindnesses can make a big impact...I’ll never forget one year when I had handed a gift to a child, his caregiver told me that my gift would be his only Christmas toy...some of these children have nothing.”

Both Roz and Len agree that all the good they do for others reverts back to them a hundredfold. Roz says, “There is a great satisfaction in knowing that our philanthropy can enhance the lives of so many we will never know.” When asked what they want to be remembered for most, both of them say unequivocally it would be that they “made a difference.”

“We are honored to count the Stoler family among our most loyal supporters and proud to have Roz serve as an active member on both the Hospital and Foundation Boards,” says Mt. Washington Pediatric Hospital President and CEO Sheldon Stein. “On behalf of our patients who are touched by their generosity, I thank Roz and Len for believing that every child who is seriously injured or ill has potential and, given the possibility, can live a full and independent life.”

# 2009 special events



## Melvin and Gisel Mora Sports Zone Dedication

In February, we offered a heartfelt thanks to Baltimore Oriole Melvin Mora and his wife, Gisel, by dedicating our outdoor play area in their honor. The Moras have been wonderful benefactors of the hospital, ever since their quintuplets—now healthy and happy—were treated here in 2001 after being born prematurely.



## The Covenant Guild's Walk of Love

April marked the 22nd year for this 3.5 mile walk from Pikesville High School to the hospital entrance. At a ceremony afterwards, MWPH Medical Director Dr. Richard Katz thanked the volunteers, participants, and Covenant Guild members for their continued support. To date, the Walk of Love has raised over \$100,000 in gifts and pledges to benefit MWPH.

## A Summer Evening at the Station

In June, we hosted a fund-raiser at Green Spring Station to benefit our patients and programs. The event and silent auction raised thousands of dollars.



## Speak Out for Children

Over the summer, MWPH staff, a patient and her family visited lawmakers in Washington DC. The goal was to ensure that the voices of pediatric patients and their families were heard in the health care reform debate.

## Patients Get into the Swing of Golf in the Mora Sports Zone

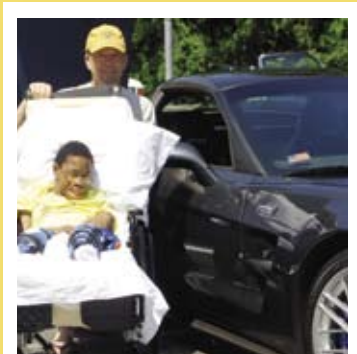
Smiles are always par for the course when Melvin and Gisel Mora stop by for their annual Peds (pronounced Peeds) Putt-Putt event. It is a great way for our patients to build confidence, enjoy a little outdoor exercise, and meet the Orioles All-Star and his wife.

## A "Spooktacular" Halloween Event

In October, Spirit Halloween Stores, through their Spirit of Children program, hosted a party for our patients. We thanked them for once again bringing spine-tingling fun and fantasy to our pediatric patients who otherwise might not get the chance to enjoy this holiday's thrills.

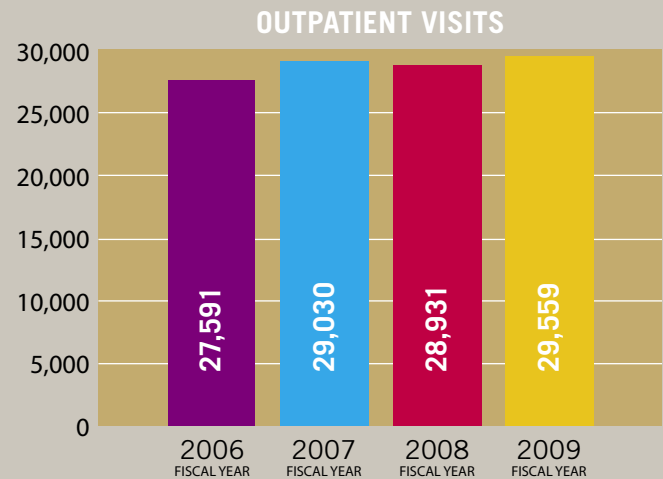
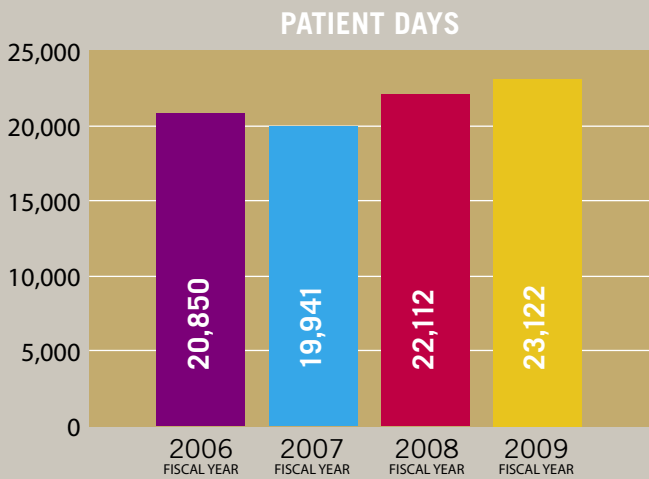
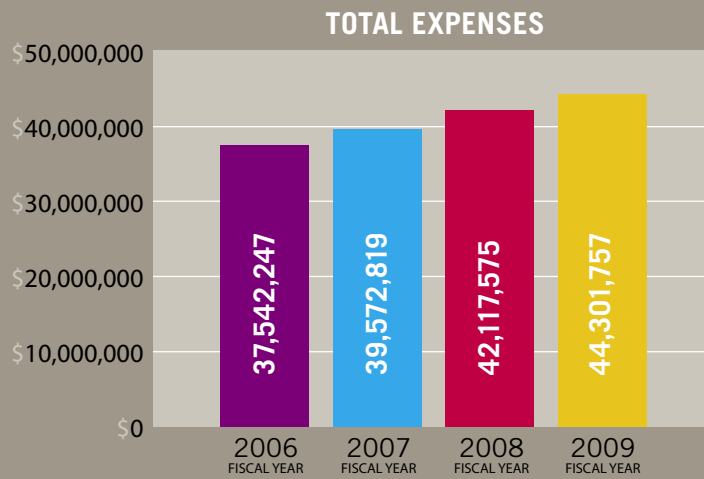
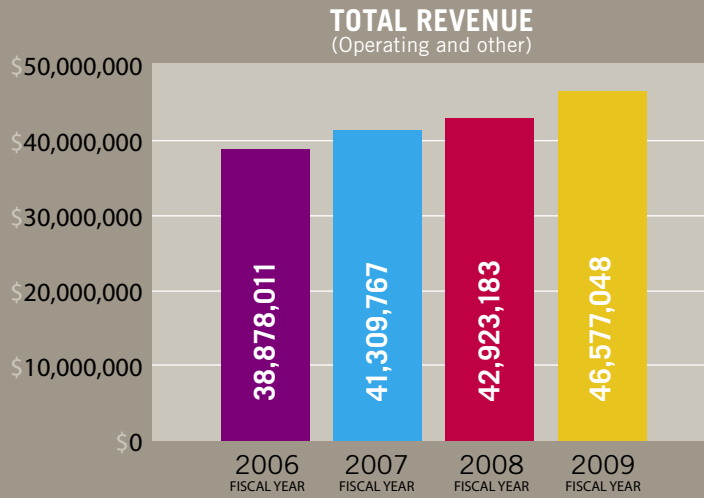
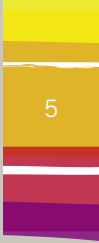
## Rebels with a Cause: Cycle and Corvette Enthusiasts Bring Cheer to MWPH Inpatients

We welcome visits from a number of civic groups—their visits give patients a break from their routine, and a chance to learn more about the world around them. In the spring and summer, members of the Mason-Dixon Chapter of the National Corvette Restorers Society and Shift Steel Sport Riders roared up to the hospital entrance to greet our young inpatients and give them a chance to smile. In the fall, patients met some real-life heroes—the Blue Knights International Law Enforcement Motorcycle Organization.



# Mt. Washington Pediatric Hospital

## Fiscal Report: 2006-2009



# Mt. Washington Pediatric Hospital

## *Our Promise to the Community*



Our mission to provide the region's children with the highest quality of care extends beyond our walls and well into the community. Through outreach programs, educational events and conferences, Mt. Washington Pediatric Hospital staff and families work hard at helping to create a healthier community for everyone. In fact, through these efforts, MWPH served an estimated 5,000 families in the community in fiscal year 2009.

### Health Fairs

Promoting healthy lifestyle choices is the name of the game for MWPH. Throughout the year, our clinical professionals take part in conferences and health fairs and speak to students in area schools, in order to provide families with crucial information on making healthy choices in their lives. In collaboration with the University of Maryland Medical System, MWPH has participated in events such as *Take a Loved One to the Doctor*, *Spring into Good Health* and *Fall Back to Health*.

### Safety Events

Caregivers at MWPH are firm believers in safety first—and one of the best ways to keep children safe and injury-free is by correctly installing a car seat. Each year, numerous children are hurt—many times severely—because their safety or booster

seat is installed improperly. To help prevent these types of injuries, we host the Child Safety Seat Check every May. This year, MWPH-Certified Passenger Safety Technicians (CPSTs), representatives from Safe Kids Baltimore, Maryland Kids in Safety Seats (Maryland KISS) and the Baltimore City Fire Department inspected seats in dozens of vehicles. According to technicians at the event, every seat needed at least one correction—further bearing out the national statistic that more than one in eight car seats are misused. It is hoped that through this event, more parents and caregivers learn the correct way to install a safety seat and more children are able to travel safely on the road.

### Community Support

Mt. Washington Pediatric Hospital is proud to be the lead agency for Sibshops of Maryland, an interagency effort that includes locations in Baltimore, Harford, Montgomery, Howard and Anne Arundel counties. The program is for brothers and sisters of children with special needs. Each session includes high-energy games and a chance to connect with other children in similar family situations. In June, the Montgomery County Sibshops chapter hosted a Family Fun Cookout, which gave participants the opportunity to introduce their siblings to their new friends.

## THANK YOU TO OUR MT. WASHINGTON PEDIATRIC HOSPITAL VOLUNTEERS!

Temitope Adedoyin	Julie Land
Benjamin Ajiboye	Jodi Lare
Kimberly Amadicco	Maggie Lears
Kathy Babcock	Audrey Lefton
Nina Bazemore	Selma Levi
Amber Beigay	Amy Lieu
Natalie Bellows	Kathleen Lindenstruth
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Nicole Biondo	Elissa Lowell
Elizabeth Blottenberger	Daniel Macedo
Rebecca Blount	Marie Malave
Joseph Boecker	Shelly Malis
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Rebecca Kreshtoll	Jane Yee
Laurie Kushner	Evelyn Zulver



## Weigh Smart® Graduate

### Rashaad Glasgow: *Realizing His Potential*

Rashaad Glasgow, a 17-year-old student, did something recently he had previously only imagined in his wildest dreams—he went to his high school prom. Rashaad says he owes that in part to Mt. Washington's Weigh Smart® program, which helped to give him the knowledge and motivation to lose more than 100 pounds—and the confidence to change his life.



“I used to not go to dances or anything,” says Rashaad, now a very healthy junior at The Boys’ Latin School of Maryland. “I have a lot of friends now, a lot more confidence.”

For most of his young life, Rashaad has battled a weight problem. He also suffered from asthma and allergies and was diagnosed with high cholesterol—in the third grade. His mother, Carolyn, also says that diabetes runs in their family. Something clearly had to change for Rashaad.

The impetus for that change came during gym class when he was 14. At 5' 7" tall, he weighed nearly 250 pounds. “He would have knee injuries. Sports were like torture for him—he hated it,” says Carolyn. “He got teased and didn’t want to put on gym clothes.” One day, he landed on his knee while playing basketball and was down for the count.

It was that knee injury and the “embarrassing” scene as he calls it—when classmates watched paramedics load him into an ambulance—that prompted the call to Weigh Smart® and the start of his weight-loss journey.

“After Weigh Smart®—even after I lost only 15 pounds—I felt so powerful. I started getting better grades. I was on the Dean’s List. So, it really has helped me a lot,” he says.

Now, Rashaad is no longer teased, no longer depressed. He works out five days a week—his father serves as his trainer, setting up his workout regimen on the computer. He is trying to limit his caloric intake to no more than 1800 calories a day. At a recent Weigh Smart® follow-up visit, dietitians reported his body fat dropped to 15 percent from an earlier high of 47 percent.

“We are quite tickled by his progress,” says Weigh Smart® founder Dr. Anne Scheimann. His family continues to be very supportive, in part by making changes that include what they eat and how they exercise. With his newfound confidence, Rashaad is applying to colleges and is strongly considering pursuing a career in design.

Rashaad and his mother regularly return to Weigh Smart® so that clinicians can check his progress—but also to visit others enrolled in the program. During these visits, they offer Weigh Smart® patients support for their own difficult weight-loss journey and, they hope, the inspiration to see that possibilities lie within each and every one of them to reach their own potential for better health and a better life.



Rashaad, before his weight loss, with his mom, Carolyn.

## Help children see the possibilities

When you support MWPH, you offer the promise of health and independence to sick and injured children throughout our region. As you consider making a gift, remember that every contribution makes a tremendous difference in the lives of the children we serve. Here are the ways you can support us:

- Contribute cash, appreciated securities or personal property
- Make a memorial or tribute gift to honor someone special or recognize an important event, such as a birthday or wedding
- Designate the hospital in your employer’s matching gift program or in a payroll giving program

- Organize a special community event to raise funds for MWPH
- Make a bequest through your will
- Make a planned gift, such as a gift annuity or charitable remainder trust, which provides you with income for life while benefiting MWPH
- Volunteer to share your time and energy to benefit the children of MWPH

*For more information about any of these opportunities, please call the Office of Development at 410-578-5040 or visit us at [www.mwph.org](http://www.mwph.org).*

THE  
HORIZON  
SOCIETY

The Horizon Society has been established to recognize supporters who have included Mt. Washington Pediatric Hospital in their estate plans. The following people are charter members of the Horizon Society:

Ella M. Cohen • Nancy and George W. Gephart  
Samuel G. and Margaret A. Gorn  
Sandra D. Hess • Harry Merriken III  
Erna B. Schoenberg



# giving is healing. thank you.

Mt. Washington Pediatric Hospital gratefully acknowledges gifts made between July 1, 2008 and June 30, 2009. If we have made any omissions or errors, please contact us at 410-578-5040 or [development@mwph.org](mailto:development@mwph.org) so we can correct our records.

## Gifts: \$10,000 and above

Covenant Guild, Inc.  
Samuel G. and Margaret A. Gorn Foundation, Inc.  
The Louis H. Gross Foundation, Inc.  
Ms. Sandra D. Hess  
Mr. and Mrs. Melvin E. Mora Quotient, Inc.

## Gifts: \$5,000-\$9,999

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Ravens All-Community Team Foundation  
Spirit Halloween Stores, LLC  
State Mechanical Contractors, Inc.

## Gifts: \$1,000-\$4,999

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