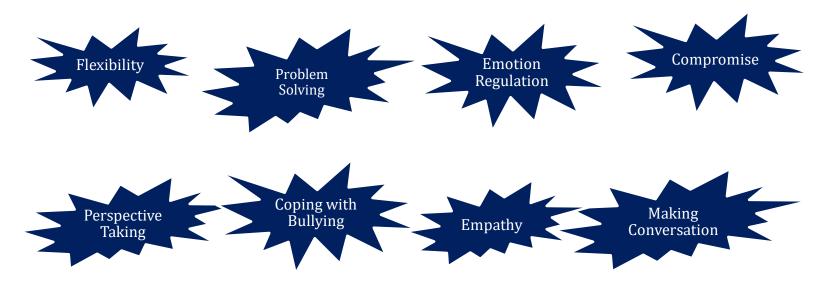
# Tips, Chips, and Friendships

# The Social Skills Teen Process (SSTP) Group

This is an interpersonal group for middle and high school students who struggle with social skills and have difficulty developing friendships and relationships. This group is designed to help members:

- Express thoughts and feelings within a supportive environment
- Build skills to make and keep friends

#### Target Skills will include:



## **Meeting Time:**

Every Tuesday at 4 or 5 p.m.

### For more information, email mwphgroups@mwph.org or call:

Dr. Sahar Moise Licensed Psychologist 410-578-5085

or

Dr. Casey Dillon Licensed Psychologist 410-578-5132

