

Social Skills Groups for Children and Adolescents

We are excited to announce additional social skills groups in the Autism Spectrum Center at Mt. Washington Pediatric Hospital!

What are social skills groups?

Social skills groups focus on developing social cognition, social communication, and social problem-solving skills to help youth and families reach their goals. Parent involvement is a key part of these groups to support skill development and engagement in groups.

Who should participate in social skills groups?

Groups are offered for children from aged 5 to 21 whose social skills are impacted by neurodevelopmental disorders such as Autism Spectrum Disorder.

Age-appropriate speech and core language skills (like vocabulary knowledge) are recommended for our current groups, but we encourage talking with a clinician in our psychology department to find the best fit for your child if you have any concerns about their language level.

When and where do they meet?

Our social skills groups meet for one hour once or twice a week, depending on the group, for up to 16 weeks at a time. Some groups may be longer than others depending on your child's age and goals.

We currently offer these groups through **telehealth** due to the COVID-19 pandemic.

What do we need to do to participate?

- 1) Contact that MWPB call center (410-367-2222) or email mwphgroups@mwph.org to request an intake appointment for social skills groups.
- 2) Participate in an intake consultation session to share information about your child's history and goals for group.
- 3) Wait for your clinician to contact you regarding a group that is a good fit for your family and schedule.



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