

Building Blocks Junior: Parent-Child Early Intervention Group Ages 2-4

Mt. Washington Pediatric Hospital
1708 W. Rogers Ave, Baltimore, MD 21209



Sessions are covered under Medicaid and most private insurances.

What is Building Blocks Junior?

- 10-week early intervention group for children **ages 2-4 with more limited verbal language skills**
- Consistent caregiver must participate in all sessions
- Goals – to increase language/communication, social/play skills, fine-motor skills, and sensory exploration

When

- **Mondays at 10am** for 60-minute sessions (families can use the first 2 sessions to determine if the group is a good fit for their child)
- Families need to participate in at least 7/10 sessions to be eligible for participation in a future group

Group Format

- Children first check their visual schedule. Caregivers learn how to help their children use the schedule to transition between activities
- Morning circle – greeting each other, children request songs and stories using visual supports
- Sensory play – participate in age appropriate art and sensory experiences
- Floor time – unstructured toy play and group games
- Goodbye circle – children request songs using visual supports. Caregivers receive a handout for home practice and will have an opportunity to ask questions. Children receive a prize on their way out!

This group is led by:

Kaylie Wiseman, Ph.D.
Licensed Psychologist
kaylie.wiseman@mwph.org

Mariah Pranger, M.A., CCC-SLP
Speech-Language Pathologist
mariah.pranger@mwph.org

Sarah Catalfamo, M.S., OTR/L
Occupational Therapist, Clinical Specialist
sarah.catalfamo@mwph.org



Mt. Washington
Pediatric Hospital
Where Children Go to Heal and Grow

An affiliate of University of Maryland Medical System and Johns Hopkins Medicine