

EALTH HEALTH Improvement Report 2021

Mt. Washington Pediatric Hospital (MWPH) is a specialty care hospital serving newborns to young adults with a variety of medical and rehabilitative needs. With 102 beds and a workforce of nearly 700, MWPH is a recognized leader in pediatric specialty care, treating more than 8,500 patients annually.



A MESSAGE TO OUR COMMUNITY

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In last year's community report, we highlighted the dramatic impact COVID-19 had on our community and the myriad ways in which Mt. Washington Pediatric Hospital (MWPH) was rising to the challenge to meet new and deepening community health needs. No matter what challenges we face, MWPH is dedicated to maximizing the health and independence of the children we serve. While we had hoped to be back to normal operations in 2021, this year required continued flexibility and adjustment from everyone, across the state, the country, and the world.

In this year's Community Health Improvement Report, which spans July 1, 2020 to June 30, 2021, we are proud to share stories of impact and growth as our employees, patients, and community adapted to this "new normal." We continue to make progress in addressing the health needs uncovered by our most recent community health needs assessment process, as we outline and execute our strategy to meet those needs.

MWPH has implemented a variety of programs designed to address community needs and foster connection, while keeping in mind the safety requirements of the pandemic. You'll read about our virtual book reading and question-and-answer session featuring local children's authors in celebration of Black History Month. You'll learn about our participation in a community garden project, supporting an environment dedicated to peaceful healing and abundance in partnership with local organizations. You'll also get a glimpse into the 2020 Holiday Toy Shop, which was reimagined as a drive-through experience to spread the holiday cheer while keeping families and staff safe.

As we look forward, we continue to be hopeful. Throughout the COVID-19 pandemic, we have forged new partnerships and deepened existing relationships with community organizations.

As a jointly owned corporate affiliate of the University of Maryland Medical System (UMMS) and Johns Hopkins Medicine, MWPH provided \$2,128,315 in community benefit services in fiscal year 2021. MWPH is steadfast in its commitment to support the community we serve, helping to bring access to specialty healthcare to every child who needs it. Sincerely,



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Sheldon Stein President and CEO Mt. Washington Pediatric Hospital



Rachana Patani Director of Community Benefit Programs Mt. Washington Pediatric Hospital

What is Community Benefit?

Community benefit is a means of measuring the investments we make in the health and well-being of children and families within the communities we serve. As a not-for-profit hospital with a commitment to addressing the needs of our most vulnerable, MWPH engages in a variety of activities that go above and beyond the traditional, core functions of a health care organization.

Through community benefit reporting, we document costs we incur to support efforts that:

- Improve health care access
- Enhance community health
- Advance medical or health knowledge
- Reduce the burden on government and community-based efforts

Financials Health Professional Education \$585,392 Mission Driven Services \$560,171 Charity Care \$33,673 Community Health Services \$143,836 Community Building Activities \$69,496 Research \$263 Financial Contributions \$76,676 Community Benefit Operations \$132,585 Foundation Funded Community Benefit \$526,224

\$2,128,315 TOTAL COMMUNITY BENEFIT

Community Health Needs Assessment

In July 2017, the MWPH Community Empowerment Team met to review data and discuss priorities that MWPH would focus on for the next three years. Analysis of all quantitative and qualitative data identified these seven areas of need within Baltimore City. These top priorities represent the intersection of documented unmet community health needs and the organization's key strengths and mission. The priorities listed below were identified and approved by the MWPH Community Empowerment Team and Hospital Board (6/14/18) and validated by health experts from the Baltimore City Department of Health, local schools of medicine, nursing, rehabilitation, social work and MWPH employees who engage in community affairs.

MWPH priorities were identified as follows:

- Health Literacy/Chronic Disease Prevention Education
- Violence & Child Maltreatment
- Behavioral Health & Substance Abuse
- Access to Health Care
- Mental Health
- Obesity and Access to Healthy Foods
- Transportation



MWPH Community Health Advisory Board (CHAB)



Celebrating Black History Month with a Virtual Book Reading

In February 2021, MWPH celebrated Black History Month with a live, virtual book reading. The event featured two Baltimore-based children's authors, who read excerpts from their work while the accompanying pictures were shown on the screen. After the readings, Rachana Patani, MWPH's director of community benefit programs, took questions for the authors from children and their families via live chat.

Kenji Jackson read excerpts from two of his books, Community Superheroes and Kaiden Faces His Fears. Jackson's career as a children's author began after a publisher noticed his heartfelt posts about his son on social media. His goal is to provide relatable content for young people, so that they see reflections of themselves and can draw motivation and inspiration from them.

"I was honored to be able to spend time with the children in the hospital and be part of the journey they're on," Jackson said. "The best part was the questions they asked me. They were such thoughtprovoking questions."

Pam Curtis shared an excerpt from The Day I Went Home, a story that follows



Pam Curtis, author of The Day I Went Home

two foster children as they find their forever families. Drawing on her own experiences, Curtis's goal is to encourage anyone who feels rejected, needs a home, or is trying to find their own way in life and empower them to own their stories and love themselves.

"It's beautiful to connect with an organization that values children being encouraged, beyond caring for their physical health. MWPH helps not only the patient, but parents to be heard, heal, and feel confident too!" Curtis said.



Rachana Patani, Kenji Jackson, Lauren Brown (left to right), Pam Curtis (front)

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Baltimore based authors featured for the virtual book reading.

It's beautiful to connect with an organization that values children being encouraged, beyond caring for their physical health. MWPH helps not only the patient, but parents to be heard, heal, and feel confident too! -Pam Curtis

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Growing Healthy Communities



Children from Arlington Community planting for fall harvest.

A community garden can be a neighborhood's jewel: It provides a beautiful, green space where people can come together and enjoy growing plants and flowers. It can also be a wonderful learning opportunity for children. MWPH participated in three community gardens this year: one at Pimlico Elementary, one at Arlington Elementary, and one in the Park Heights community. Several community organizations, including Park Heights Renaissance, At the House, Inc., and the INSPIRE program of Baltimore City's planning board, came together to purchase and convert the vacant lots.

MWPH staff and volunteers helped with clearing the lots and planting the gardens. When it was time to harvest in October, MWPH hosted a harvest celebration event featuring a local chef. Community members were invited to



Young gardener learning the tricks of the trade.



Learning and growing in planting and harvesting.

come in and harvest the produce, which was then transformed into a tasty vegetable soup. Community members enjoyed a meal of soup and cornbread together and also got to take some vegetables home.

"Beyond the obvious benefits of reducing crime and grime, the project encourages hope," said Pastor Troy Randall, president of the Cuthbert Cordelia Hayward Beaufort Neighborhood Association. "It uplifts the hopes and dreams of everyone who lives in this area, so our children have a positive environment that was created by their neighbors and their families for them to enjoy and benefit from."



Lauren Brown (left) with Asia Williams, office of Del. Tony Bridges, Dist 41.

The garden serves as a mini-outdoor classroom for the elementary school and features seating throughout. It has raised beds to accommodate gardeners in wheelchairs as well as ground beds. Local community members and organizations are making great use of the space, from holding the annual flea market to summer reading events for kids — and even a wedding reception.

These community gardens are shining examples of community-based partnerships making an impact, and MPWH is proud to be part of it.

> It uplifts the hopes and dreams of everyone who lives in this area, so our children have a positive environment that was created by their neighbors and their families for them to enjoy and benefit from. -Pastor Troy Randall



250 car seats distributed to keep our children safe.





Protecting children and their families.





Working together with the Army National Guards and the Maryland Food Bank.



Friend of MWPH Chris Compton supporting our literacy program.



Community car seat installations.

4 Community Health Improvement Report



Covid vaccine clinics.



Supporting local food pantries.



Weekend Backpacks for the Homeless.



Go Insurance car seat giveaway.





Honoring our fallen.



Partnering with Councilman Isaac 'Yitzy' Schleifer during Covid food drives.

MWPH Debuts Drive-Through Holiday Toy Shop

December 2020 was a holiday season like no other, as communities nationwide grappled with COVID-19. Despite the ongoing restrictions, MWPH found a way to spread the holiday spirit with its firstever Drive-Through Holiday Toy Shop.

"MWPH understands how important it is for our families and patients to have a time to celebrate and enjoy the holiday season, especially now when so many of our families continue to face hardships due to the pandemic while raising a child with special health care needs," said Michelle Hanover, MS, LBSW, MWPH's patient family liaison. "It's been so important that we continue having our Holiday Toy Shop, no matter what challenges we face, so we can provide a safe, fun, and meaningful way for our families to receive toys for the holidays."

759 children



Santa and his elves spreading Holiday cheer!



Jameliah Blount with H.E.Y. Hub supporting the MWPH Toy Sop with more than 450 wrapping paper rolls, bows and ribbons.

This year, MWPH collected a variety of new toys and baby supplies as usual. To give the Drive-Through Holiday Toy Shop an innovative twist — and keep families and MWPH staff safe — families filled out surveys before the event with their children's names, ages, and interests. MWPH staff and volunteers preselected toys for each child, and on the day of the event, the families each received bags of toys and goodies for each child.



Volunteers sorting more than 6000 toys for distribution.

Festive decorations, holiday music, filled stockings, and candy canes added to the cheer. There were even gift-wrapping supplies available, as well as diapers and other infant needs for families with babies. MWPH served 759 children during the Drive-Through Holiday Toy Shop and plans to continue the tradition next year.

> It's been so important that we continue having our Holiday Toy Shop, no matter what challenges we face, so we can provide a safe, fun, and meaningful way for our families to receive toys for the holidays. -Michelle Hanover

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Drive Thru Toy Shop volunteer puts toys in the trunk.



Community donors donating to bring BIG smiles to our little faces.



(Above and Below) Toy Shop volunteers and Do-Gooders in action.







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