

## Notice to Parents about Payment for Services for **Weigh Smart®**

Thank for you asking enrolling in our **Weigh Smart®** program. At your child's first appointment, he/she will be seen by a physician and a psychologist. The psychologist will determine whether it would be best for your child to join the group track or the individual track.

If the group track is recommended, your child will then be referred for a physical therapy evaluation to determine if he/she meets the physical and endurance requirements for the 10-week **Weigh Smart®** group program.

The group program includes group education sessions led by a dietitian, psychologist or exercise therapist, group exercise sessions and a meeting with a dietitian. The individual track is a self-paced option that includes initial meetings with a psychologist and a dietitian, and then ongoing sessions with the psychologist.

Many health insurance companies do not routinely pay for services related to childhood obesity, unless the child has a secondary medical or psychiatric condition. Consequently, some services billed by Mt. Washington to your insurance carrier may not be covered. While you are waiting for your appointment, you should contact your health insurance company to verify coverage for services. Charges in both tracks include mental/behavioral health charges, which may require separate authorization. You should inquire about coverage for out-of-network benefits for CPT 90806 for individual track and 90853 for group track to see if your insurance will cover these behavioral health charges. If you do not know who to call, we suggest calling the phone number for member services listed on your health insurance card.

When asking about coverage, here are the services and billing codes for your appointments in the clinic:

<u>Providers for first appointment</u>	<u>Service/Charge</u>	<u>CPT Code</u>	<u>Rev Code</u>
A. Scheimann, MD or R. Katz, MD – Gastroenterologist	Comprehensive visit (1)	99244	N/A
E. Getzoff, PhD – Pediatric Psychologist	Diagnostic Interview (1)	90801	915
Dietitian	Nutrition counseling (1)	97802	510
<u>Additional visits for Group Weigh Smart®:</u>			
Physical Therapy	PT Evaluation (1)	97001	420
Physical Therapy	PT therapy group (2)	97150	420
Dietitian	Nutrition visits (10)	97804	510
Psychology (out-of network coverage)	Psychology group (11)	90853	915
Clinic Fee	Clinic fee (19)	99211	510

Due to families changing insurance, we wait until approximately one week prior to your scheduled appointment to contact your insurance company to verify benefits. In the meanwhile should your insurance change, or should you have authorization questions for us, please contact Ms. Lee Baker or Angela Martin at 410-578-2624 (or toll free @ 800-999-9442 x 2624). We verify your benefits as a courtesy, but it is each family's responsibility to know their benefits. The total cost of the group program is approximately \$4400. You may be eligible for financial assistance if you are uninsured and/or if your insurance does not cover part or all of the program costs. Please inquire if needed.