

Dear Parent,

Thank you for calling about an appointment in the **Weigh Smart®** Program. Please complete and return the New Patient Information form. Please have your pediatrician fax the lab results, referrals and any growth charts or clinic notes to us as well. **Fasting** (nothing to eat or drink for 8 hours before getting blood drawn) lab work needed: Fasting lipid panel, hemoglobin A1C, insulin, glucose, AST and ALT. Please note we do not schedule the evaluation until we have received your completed paperwork.

These are the codes for your doctor.

<u>Lab Test</u>	<u>LabCorp Code</u>	<u>Quest Code</u>
a. Serum lipid panel	303756	968T
b. Blood glucose	001032	67777W
c. Insulin	004333	561X
d. Hemoglobin A1C	001453	45484R
e. AST	001123	19208W
f. ALT	001545	17426R

Please send it back to us at:

Mt. Washington Pediatric Hospital  
**Weigh Smart®** Program  
1708 West Rogers Avenue  
Baltimore, MD 21209

You may also choose to fax them to us: 410-578-2654.

Please be sure that you return:

- New Patient Screening Form /Food and exercise logs
- Fasting blood work results from your child's pediatrician. (May be faxed to us at 410-578-2654).

**Once we receive the completed packet back, we will call you to schedule the evaluation appointment.** Please note, new patient appointments take approximately 2-3 hrs and we can provide notes for school or work absences if needed. We will contact your insurance company the week before your appointment to check benefits. Please call Angela Martin in Authorizations if you should have benefit questions. She can be reached at 410-578-2424 (or toll free at 800-999-9442 x 2624)

Thank you.

Debbie Fike  
Program Analyst  
**Weigh Smart®** Program  
410-578-5343