



About Us

Mt. Washington Pediatric Hospital has been taking care of the region's children for more than 80 years. Today, our facility offers inpatient and outpatient care for infants, children and adolescents with rehabilitation and special medical needs. Our unique collaboration with leading regional pediatric health providers, including the University of Maryland Medical System and the Johns Hopkins Health System, allows us to provide the best care for children.

Inpatient Programs 410-578-8600

Our inpatient programs offer a wide range of services, including medical management of premature infants, treatment of children with respiratory diseases, diabetes and other chronic conditions and physical rehabilitation after illness, injury or surgery.

Center for Neonatal Transitional Care

The CNTC serves pre-term infants who are transitioning from the acute NICU environment to a more medically stable nursery to concentrate on feeding and growing. Pulmonary disease and other problems related to prematurity, including feeding issues and neonatal abstinence syndrome are also addressed. Helps low birth weight babies successfully make the transition from neonatal intensive care to home.

Our Pulmonary Rehabilitation Program includes ventilator management and weaning, and parent education for children with chronic respiratory diseases.

Center for Pediatric and Adolescent Rehabilitation

Our Physical Rehabilitation Program helps children recover from traumatic injuries, surgery and congenital disabilities. Our rehabilitation program also helps children following major surgery, including limb lengthening, limb reconstruction, hemispherectomy, soft tissue releases and other orthopaedic surgeries.

For more information on Mt. Washington Pediatric Hospital's inpatient programs, call **410-578-8600** or visit our website at **mwph.org**.

Mt. Washington Pediatric Hospital

Outpatient Services: 410-367-2222

Mt. Washington Pediatric Hospital offers a wide range of outpatient services including evaluation, diagnosis and treatment in the following areas:

- Autism Diagnostic Clinic
- Balance Clinic
- Burn and Wound Care
- Cardiology
- Concussion Evaluation and Management
- Dermatology
- Developmental Disorders
- Diabetes Management
- Endocrinology
- Feeding Day Treatment Program
- Feeding Evaluation
- Gastroenterology
- Lead Poisoning
- Neuropsychology
- Psychology
- Orthopaedics
- Neurodevelopmental Services
- Nutrition Services
- Physiatry
- Psychiatry
- Psychology
- Pulmonology
- Radiology Services – *Digital x-ray, Gastrointestinal Contrast Studies and Swallow Studies*
- Rehabilitation Day Program
- Rehabilitation – *OT, PT, Audiology, Speech and Adaptive Equipment*
- Sleep Testing and Evaluation
- Center for Pediatric Weight Management and Healthy Living

Mt. Washington Pediatric Hospital

1708 West Rogers Avenue, Baltimore, MD 21209
Inpatient: 410-578-8600 • Outpatient: 410-367-2222

Mt. Washington Pediatric Hospital at Prince George's Hospital Center

3001 Hospital Drive, Cheverly, MD 20785
Inpatient: 301-618-3866 • Outpatient: 301-618-6974

Mt. Washington Pediatric Hospital: An affiliate of the University of Maryland Medical System and Johns Hopkins Medicine.



Resource Guide

*The Mt. Washington Pediatric Hospital Resource Guide will assist you in accessing our wide range of programs and services. Our unique collaboration with leading regional pediatric health providers—including the University of Maryland Medical System and the Johns Hopkins Health System—allows us to provide the best care for your child. If you would like more information about a program or service, please visit us at **mwph.org** or call **410-578-8600**.*





Pediatric Outpatient Specialties

Baltimore Campus • Prince George's County Campus
mwph.org

Developmental Evaluation

Evaluation of children under three years of age by a developmental pediatrician. Psychology, speech and language pathology and physical therapy services are available.

Diabetes

Multidisciplinary evaluation of insulin dependent diabetes mellitus, self-management training and support services.

Endocrinology

Diagnosis and treatment of children and adolescents with diabetes, growth problems, adrenal and thyroid problems.

Feeding Evaluation

Interdisciplinary evaluation for food refusals, failure to thrive, oral motor dysfunction, gastroesophageal reflux (GER) and swallowing problems.

Feeding Day Treatment

A dedicated feeding staff provides meal-by-meal reinforcement and intervention. Day Treatment Program provides intensive daily intervention to reach feeding goals. Parents participate. Located at the Rogers Avenue campus. Outpatient Services offer ongoing follow-up care from team members, as needed.

Gastroenterology

Provides outpatient treatment for intestinal, liver and nutritional disorders. These include chronic diarrhea, inflammatory bowel disease, chronic hepatitis, constipation, gastroesophageal reflux, peptic ulcers and failure to thrive.

Lead Treatment Program

Inpatient and outpatient programs provide a comprehensive childhood lead poisoning prevention and treatment program for children with elevated lead levels.

Pediatric Neurodevelopmental Services

Neurodevelopmental services are available for infants, toddlers, children and adolescents who have or may be at risk of having delays in any area of development including language, behavior, motor skills and cognition. Our services include a comprehensive developmental evaluation by a board certified Neurodevelopmental Pediatrician and, based on findings, referrals for other on-site services.

Neuropsychology

Provides unique specialty services for neurological disorders and their effect on the way a child thinks, behaves and learns.

Pediatric Nutrition Services

Services consist of a session with a licensed dietitian who will evaluate your child's nutritional status based on their medical history, body measurements, lab data and eating habits. With input provided by the child and the child's family, goals are set to carry out the nutrition prescription for improved health. Follow-up sessions are strongly encouraged to monitor the progression of the set goals and re-evaluate nutrition status as the child grows.

Orthopaedics

This service provides care for pediatric patients, from newborn to skeletal maturity, with acute or chronic orthopaedic problems. Diagnostic and treatment management programs are provided for patients with musculoskeletal abnormalities.

Physiatry

Pediatric physiatrists assess a child's ability to maintain and improve functional ability, social interaction and participation in play/leisure activities. Services include: nerve conduction studies, electromyography, comprehensive spasticity management, as well as collaboration with orthopaedic specialists. Service offered at both Baltimore and Cheverly locations.

Psychiatry

This service provides diagnosis, treatment and prevention of psychiatric disorders of children and adolescents. Target symptoms that may respond to pharmacological intervention are identified and followed.

Psychology

Diagnostic, assessment, consultation, and treatment services are provided for children of all ages, along with parents, siblings and families. Children are seen with emotional, behavioral, social, and cognitive/school problems, as well as children with a wide array of medical and developmental concerns. An individual behavior plan is developed for each child and family.

Pulmonology

The clinic's pediatric pulmonologists provide care for a wide range of respiratory disorders in addition to asthma and cystic fibrosis. This service can provide care for the technology-dependent child and can assist in the home management of patients requiring ventilation, tracheotomy, oxygen and/or apnea/bradycardia monitoring.

Rehabilitation

Rehabilitation available to inpatients and outpatients, this service includes physical therapy, occupational therapy, speech and language pathology, audiology, nutrition, technology and adaptive equipment.

Rehabilitation Day Treatment provides the skills needed to succeed in school, at home and in the community. Rehabilitation Outpatient includes physical therapy, occupational therapy, speech and language pathology, and assisted technology and adaptive equipment. Services offered at Baltimore and Prince George's campuses.

Sleep Service

In our state of the art facility, this clinic provides diagnostic evaluation and treatment for sleep disorders in children, including problems falling asleep or staying asleep, respiratory problems during sleep, sleepwalking and abnormal movements during sleep.

Center for Pediatric Weight Management & Healthy Living

A multi-disciplinary, holistic approach to weight management, involving medical, nutritional, educational, behavioral and surgical components to help children through young adults acquire healthy lifestyles. The three components of the Center are **Weigh Smart®**, **Weigh Smart® Jr.**, and Bariatric Surgery Evaluation and Management.