

Mt. Washington Pediatric Hospital

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**Mt. Washington Pediatric Hospital at
Prince George's Hospital Center**

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mwph.org



**Mt. Washington
Pediatric Hospital**

An Affiliate of



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Psychology Services

The Division of Pediatric Psychology at Mt. Washington Pediatric Hospital has a full complement of psychologists dedicated to improving the well-being of children and adolescents. Each psychologist at MWPH has specialized training in providing a wide range of services to children having behavioral or emotional difficulties.

Evaluation Services

Diagnostic Evaluation Clinic

The Diagnostic Evaluation Clinic at MWPH works with families of children through adolescence to help determine the nature of their behavioral, emotional or school concerns. Typical referrals consist of evaluation for diagnoses including Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorder, Depression, Anxiety, Learning Disability, Mood Regulation Disorder and other related conditions. After an initial evaluation by a Pediatric Psychology Division member, an appropriate battery of psychological tests is selected to determine the child's current level of functioning in the areas of intelligence, academics, memory, language, attention/concentration, and behavioral and emotional functioning. As part of the evaluation, each family meets with a psychologist to discuss the meaning of their child's test results, their child's diagnoses, and appropriate recommendations. Recommendations are tailored to the specific needs of each child to assist parents, pediatricians, educators and other mental health practitioners in the appropriate treatment of that child and family.

Developmental Disabilities Evaluation Clinic

Several members of the psychology staff at MWPH have specialized training in the assessment and treatment of young children considered at risk for autism and related childhood developmental disabilities. Using established measures including the Autism Diagnostic Observation Scale (ADOS), psychology staff works with families to determine whether a developmental disability is present, and how treatment can most effectively be delivered. Psychology providers work closely with the families to help locate appropriate treatment services for each child.

Treatment Services

Psychological Treatment Services

Psychological treatment services are available to children through adolescence and their families for a wide range of emotional and behavioral concerns. These services include, but are not limited to, behavior management, family therapy, individual therapy, consultation and social skills training. The following conditions are among the most commonly treated at MWPH:

- Attention Deficit Hyperactivity Disorder
- Oppositional Defiant Disorder/Other Behavior Disorder
- Mood Regulation Disorders
- Asperger's Disorder/Pervasive Developmental Disorder
- Depression/Dysthymia
- Anxiety (including Obsessive Compulsive Disorder and phobia)
- Adjustment Disorders
- Parent-child conflict
- Social Difficulties/Bullying
- Academic Difficulties

Pediatric Psychology Treatment Services

MWPH staff also offers psychological treatment services for children and their families with acute and chronic medical or developmental conditions who are also experiencing emotional and/or behavioral concerns related to those conditions. Treatment services are provided by division members working with children in our inpatient, day treatment, and outpatient programs. These services include non-pharmacological pain management, training in relaxation techniques, improving adherence to medical regimens, behavior management, coping and adjustment to new diagnoses and improving the child's and family's quality of life. Included are some of the medical conditions of children treated by our pediatric psychology staff:

- Diabetes/Endocrine Disorder
- Obesity and Related Medical Conditions
- Asthma/Pulmonary Disorder
- Brain injury and Neurological Conditions
- Orthopaedic Conditions
- Burns and Other Injuries
- HIV
- Lead Poisoning
- Gastrointestinal Disorder
- Behavioral Feeding Disorder
- Sleep Disorder
- Enuresis/Encopresis
- Pain Disorders
- Headache

Accessing Our Services

To schedule an appointment contact the intake and scheduling specialist at 410-578-5199.