

Pediatric Nutrition Services

Mt. Washington Pediatric Hospital

1708 West Rogers Avenue

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www.mwph.org



Pediatric Nutrition Services

Our team of highly skilled pediatric dietitians evaluate and treat children with a variety of diagnoses in outpatient, inpatient and day treatment programs. Some of these programs/clinics include Diabetes, Feeding, GI, Pulmonary, **Weigh Smart®** and individual consultations by referral.

Outpatient Services

Your visit will consist of a session with a licensed dietitian who will evaluate your child's nutritional status based on their medical history, body measurements, lab data and eating habits. With input provided by the child and the child's family, goals are set to carry out the nutrition prescription for improved health. Follow-up sessions are strongly encouraged to monitor the progression of the set goals and re-evaluate nutrition status as the child grows.

Indications for Referral

Nutrition services are offered to children ranging from infancy through adolescence with an array of medical conditions and nutritional concerns. Children commonly referred for evaluation and treatment by a dietitian include but are not limited to those with the following conditions:

- Diabetes, Type 1 and 2
- Overweight and obesity
- High cholesterol or other blood lipids
- High Blood Pressure
- Gastrointestinal disorders such as GERD or short gut syndrome
- Celiac disease
- Food allergies
- Evaluation and adjustment of enteral tube feedings for children with feeding problems
- Failure to thrive or poor growth

To Schedule an Appointment

To schedule an appointment with a licensed dietitian, please call **410-367-2222**. You can also fax a referral to **410-466-4311**. For more information visit www.mwph.org.

Mt. Washington Pediatric Hospital: Advancing the care of children. A jointly owned corporate affiliate of the University of Maryland Medical System and the Johns Hopkins Health System.