



# Neonatal Transitional Care Follow-up Clinic

**Mt. Washington Pediatric Hospital**  
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[www.mwph.org](http://www.mwph.org)



# *Mt. Washington Pediatric Hospital's* Neonatal Transitional Care Follow-up Clinic

The Mt. Washington Pediatric Neonatal Transitional Care Follow-up Clinic has been designed to provide a comprehensive, multidisciplinary post-discharge program for at-risk infants. The program provides ongoing clinical monitoring and services from a specialty team consisting of a Neonatologist, Nurse, Psychologist and Rehabilitative Therapist.

Patients served by this clinic include, but are not limited to, high-risk infants, former premature infants (otherwise not considered high-risk) and newborns (otherwise not considered high-risk) with diagnoses of any of the following:

- Infants  $\leq$  1250 grams
- Intraventricular hemorrhage – grade III or IV
- Periventricular leukomalacia
- Post-hemorrhagic hydrocephalus
- Meningitis with abnormal neurologic exam
- Seizures, secondary to hypoxic ischemic encephalopathy
- Prolonged or complicated respiratory failure
- Former Extracorporeal membrane oxygenation (ECMO) dependency
- Congenital Diaphragmatic Hernia
- Hyperbilirubinemia with abnormal neurologic exam
- Recurrent apnea, discharged home on an apnea monitor
- Chronic Lung Disease/Bronchopulmonary Dysplasia
- Necrotizing enterocolitis requiring surgical intervention

## **Core services include the following:**

- A comprehensive history and physical examination
- Adjustment of chronic NICU medications
- Monitoring of growth
- Review of development

## **Additional services may include referrals for:**

- Oxygen adjustment
- Neurodevelopmental assessments
- Visual and auditory assessments
- Rehabilitation evaluations and management
- Cognitive assessments

To schedule an appointment in our Neonatal Transitional Care Follow-up Clinic, please call 410-367-2222. For more information visit us at [www.mwph.org](http://www.mwph.org).

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