

Feeding Disorders Program



Mt. Washington Pediatric Hospital
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Feeding Disorders Program

You should discuss with your pediatrician, if:

- Mealtimes are unpleasant and/or you are stressed with feeding your child.
- Your child has suddenly stopped eating.
- Your child often coughs, gags or vomits before, during or after meals.
- Your child's feeding is inappropriate for his/her age.
- Your child is not gaining weight despite eating regular meals.

Screening and Evaluation:

An interdisciplinary team of experts from gastroenterology, nutrition, psychology, speech therapy, and occupational therapy will provide a comprehensive assessment and evaluation of your child's feeding related problems.

Recommendations may include:

- Written recommendations and feedback for you to implement at home.
- Outpatient services from one or more services in our hospital.
- Recommendation to our Day Treatment Program.
- A second opinion and/or referral to another service/program.

Day Treatment Program

Who is admitted?

- Children with medical problems and feeding difficulties or longstanding feeding problems.
- Children who have failed to improve through outpatient services.

What should you expect from the program?

- Parents are involved in all phases of the program, including family meetings.
- Parents can observe feeding sessions through a one-way mirror.
- The Feeding Program is open between the hours of 8:00am and 4:00pm.
- Children receive a variety of therapies to improve their feeding skills.
- Playtime, naptime, and other age-appropriate activities are provided when your child is not in therapy sessions.
- We continue to provide follow-up services to help you and your child after discharge.

To schedule an appointment in our Feeding Program:

Please call (410) 578-5327 to set up an appointment.

Mt. Washington Pediatric Hospital: Advancing the care of children. A jointly owned corporate affiliate of the University of Maryland Medical System and the Johns Hopkins Health System.

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