



Clinical Indicators for Referral to Center for Neonatal Transitional Care

Preterm Infant: Medical stability

- Weight: More than 1250 grams (2 lbs. 14 oz.) with a weight gain 2 days prior to transfer
- Gestational age up to 42 weeks

Preterm Infant with Chronic Lung Disease: Medical stability

- Weight: More than 1250 grams (2 lbs. 14 oz) with a weight gain 2 days prior to admission
- Gestational age up to 42 weeks
- High flow nasal cannula and blended oxygen
- Diuretic or steroid therapy
- Nebulizer therapy
- Feeding/reflux issues

To Make a Referral

Inpatient Admissions

Baltimore Campus (410) 578-2600
Prince George's Campus (410) 578-2600

Outpatient Center

Baltimore Campus (410) 367-2222
Prince George's Campus (301) 618-6974

Directions



By Bus

The MTA bus #44 stops at West Rogers Avenue.

Transportation

A free shuttle service runs all day, Monday thru Friday between Johns Hopkins Hospital (Rutland Ave.), Mt. Washington Conference Center and Mt. Washington Pediatric Hospital (main entrance of Baltimore location) in that order. Other transportation assistance is available, but limited. Please ask your social worker for transportation information.

By Car

From Baltimore City and Points South:

Take Jones Falls Expressway (I-83) north to the second Northern Parkway exit, 10B west. Make a sharp right turn immediately after crossing over I-83 onto West Rogers Avenue (the first street immediately off the exit ramp.) Go north on West Rogers Avenue; you will see the hospital on your right. Turn right at the entrance to the hospital.

From Points North and East of Baltimore:

From the John F. Kennedy Highway (I-95) go south to the Baltimore Beltway (I-695 west) toward Towson. Take exit 23 and proceed south on I-83. Take the Northern Parkway west exit. Turn right onto Northern Parkway and take an immediate right onto West Rogers Avenue. The hospital entrance is at the top of the hill on West Rogers Avenue.

Mt. Washington Pediatric Hospital
1708 West Rogers Avenue, Baltimore MD 21209
(410) 578-8600



Mt. Washington Pediatric Hospital

*Mt. Washington Pediatric Hospital:
Advancing the care of children.
An affiliate of the University of Maryland
Medical System and Johns Hopkins Medicine.*

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www.mwph.org





About the Center for Neonatal Transitional Care (CNTC)

The Center for Neonatal Transitional Care (CNTC) serves premature infants who are transitioning from the acute NICU environment to a more medically stable nursery to concentrate on feeding, growing and discharge planning. Pulmonary disease and other problems related to prematurity, including feeding issues, are also addressed.

Program Goals

Our program focuses on caregiver education and training, including well-baby care, feeding, CPR and developmental stimulations. Family-centered education, bonding and nurturing of your baby are the main goals. If your child needs special equipment—heart monitors, oxygen, special feeding supplies, respiratory treatments or medications—we make sure that you are comfortable using the equipment before your child goes home.

The Healthcare Team

The healthcare team works closely with you and your child through the entire hospital stay. Our program is managed by board-certified neonatologists, pediatricians, nurse practitioners, nurses, respiratory therapists, nutritionists, child life therapists and social workers. Our unique collaboration with leading regional pediatric health providers—including University of Maryland Medical System and Johns

Hopkins Hospital—allows us to provide the best care for your child.

If your baby has breathing problems, Mt. Washington Pediatric Hospital has a long standing Pulmonary Program. These infants receive state-of-the-art pulmonary management.

Services

Our inpatient programs offer a wide range of services for these infants. Our hospital provides on-site developmental pediatricians, occupational, physical and speech therapists, radiology, ultrasound, respiratory therapy, laboratory, blood transfusions, hearing screening, eye exams and pharmacy.

Some infants may develop gastroesophageal reflux and oral/motor issues, such as swallowing problems. Gastroenterologists and surgeons from area hospitals consult on-site. If necessary, we can arrange to transport your baby to another hospital. A breast-feeding room and lactation consultation are also available.

Visiting for Parents

Parents and grandparents have 24/7 visitation privileges. Other relatives are also welcome to visit. A photo ID is required for adult visitors. If you bring young children, please bring an older friend or relative to watch them while you are with your baby.

Preparing for Home

Discharge planning begins on the day of admission. We will help you learn how to feed, bathe and give medications to your baby, so you can care for your baby on your own. If your baby needs special monitors or equipment, we will ensure that you know how to use them. We also teach CPR and other skills to meet the health care needs of your baby.

Do You Need Extra Help?

Our care team will help you coordinate with the caregivers in your community, which may include follow-up care at Mt. Washington Pediatric Hospital Outpatient Center. Social workers will speak with you about helpful programs in your community.

When You Return Home

We will make an appointment for you to meet with your baby's doctor within a week after going home. Home health nursing visits may be available through your health plan.

A Very Big Step

We know that coming to the Center for Neonatal Transitional Care is an important step for you and your baby.

Mt. Washington Pediatric Hospital is committed to providing the highest quality of pediatric specialty care services to all children in a nurturing environment. We will do everything we can to make this process an easy one. If you have any questions, please call (410) 578-8600, or visit our web site at www.mwph.org.

The Best Choice For Your Child

Our families consistently rate Mt. Washington Pediatric Hospital as “very satisfactory” for providing quality of care—according to the Jackson Survey, which is based on nationwide hospital customer satisfaction rankings.

Our accreditations include: Commission on Accreditation for Rehabilitation Facilities (CARF), the Joint Commission on Accreditation of Health Care Organizations (JCAHO), and CARF certification for the Pediatric Family Centered Rehabilitation Program.

Mt. Washington Pediatric Hospital is a non-profit organization which is dependent upon the generous financial support of the community to maintain and establish patient care programs. In that regard, your tax deductible gift would be greatly appreciated. To make a gift, visit www.mwph.org.

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