



Clinical Indicators for Referral to Pediatric Chronic Illness Program

This program serves infants to young adults in need of stabilization, transition and/or rehabilitation of chronic or complex conditions such as:

- TPN/IL therapy with advancement of feeding
- Respiratory management, Bipap ventilator management and training
- Tracheostomy management and training
- High-flow nasal cannula
- Cardiac management
- Pre and Post cardiac surgery monitoring
- Pain management inclusive of Pain Control Analgesia pump management
- Palliative Care
- IV antibiotic therapy with PICC/Hickman/Broviac/Infusion pumps
- HIV management
- Lead poisoning/Chelation therapy
- GER management
- Medication management, i.e. weaning and adjustments of meds
- Feeding dysfunction issues (NG/NJ/ND tube feeding)
- Cerebral Palsy
- Caregiver training

To Make a Referral

Inpatient Admissions

Baltimore Campus (410) 578-2600

Prince George's Campus (410) 578-2600

Outpatient Center

Baltimore Campus (410) 367-2222

Prince George's Campus (301) 618-6974



By Bus

The MTA bus #44 stops at West Rogers Avenue.

Transportation

A free shuttle service runs all day until 7:00 PM, Monday thru Friday between Johns Hopkins Hospital (Rutland Ave.), Mt. Washington Conference Center and Mt. Washington Pediatric Hospital (main entrance of Baltimore location) in that order. A free shuttle service runs four times a day, Monday thru Friday between University of Maryland Medical Center Gudelsky lobby entrance to Mt. Washington Pediatric Hospital (main entrance of Baltimore location) Other transportation assistance is available, but limited. Please ask your social worker for transportation information.

By Car (free parking is available)

From Baltimore City and Points South:

Take Jones Falls Expressway (I-83) north to the second Northern Parkway exit, 10B west. Make a sharp right turn immediately after crossing over I-83 onto West Rogers Avenue (the first street immediately off the exit ramp.) Go north on West Rogers Avenue; you will see the hospital on your right. Turn right at the entrance to the hospital.

From Points North and East of Baltimore:

From the John F. Kennedy Highway (I-95) go south to the Baltimore Beltway (I-695 west) toward Towson. Take exit 23 and proceed south on I-83. Take the Northern Parkway west exit. Turn right onto Northern Parkway and take an immediate right onto West Rogers Avenue. The hospital entrance is at the top of the hill on West Rogers Avenue.

Mt. Washington Pediatric Hospital

1708 West Rogers Avenue, Baltimore MD 21209

(410) 578-8600 • mwph.org

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An affiliate of the University of Maryland Medical System and Johns Hopkins Medicine

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About the Pediatric Chronic Illness Program

The Pediatric Chronic Illness Program (PCI) strives to transition children with chronic or complex medical illnesses to a home setting as well as to maximize their developmental skills. Our multi-disciplinary team approach focuses on improving health and optimizing functional ability.

Education and caregiver training provide families with knowledge and skills needed to meet the health-care needs of their children, and prepare patients and their families for life in the community.

The PCI Program provides all of its services in a family-centered, sub-acute, inpatient environment, as well as in an outpatient multi-disciplinary facility to ensure continuity and cost-effective care. In addition, we collaborate and consult closely with a variety of specialists from local university teaching hospitals.

Program Goals

Our program focuses on caregiver education and training, including well-baby care and child care, feeding, CPR and developmental stimulation. Family-centered education, bonding and nurturing of your child are the main goals. If your child needs special equipment—heart monitors, oxygen, special feeding supplies, respiratory treatments or medications—we make sure that you are comfortable using the equipment before your child goes home.

The Healthcare Team

The healthcare team works closely with you and your child through the entire hospital stay. Our program is managed by pediatricians and includes nurse practitioners, nurses, respiratory therapists, nutritionists, nurse case managers, and social workers. Our unique collaboration with leading regional pediatric health providers—including University of Maryland Medical System and Johns Hopkins Hospital—allows us to provide the best care for your child.

Services

Our inpatient programs offer a wide range of services for these children. Our hospital provides on-site developmental pediatricians, occupational, physical and speech therapists, child life rehabilitation therapists, radiology, ultrasound, respiratory therapy, laboratory, blood transfusions, hearing screening, videofluoroscopic (VFSS) swallow study, eye exams and pharmacy.

Some children may have or develop gastroesophageal reflux and oral-motor issues, such as swallowing problems. Gastroenterologists and surgeons from area hospitals consult on-site. If necessary, we can arrange to transport your child to another hospital for evaluation or surgery.

A breast-feeding room and lactation consultation are also available.

Visiting for Family and Other Caregivers

Parents and grandparents have 24/7 visitation privileges. Other relatives are also welcome to visit. A photo ID is required for adult visitors. If you bring young children, please bring an adult to watch them while you are with your baby or child.

Preparing for Home

Discharge planning begins on the day of admission. We will help you learn how to feed, bathe and give medications to your child, so you can care for him or her on your own. If your child needs special monitors or equipment, we will ensure that you know how to use them. We also teach CPR (not for certification) and other skills to meet the health care needs of your child.

Do You Need Extra Help?

Our care team will help you coordinate with the caregivers in your community, which may include follow-up care at Mt. Washington Pediatric Hospital

Outpatient Center. Social workers will speak with you about helpful programs in your community.

When You Return Home

We will make an appointment for you to meet with your child's doctor within a week after going home. Home health nursing visits may be available through your health plan as well as private duty nursing as indicated.

A Very Big Step

We know that coming to the Pediatric Chronic Illness Program is an important step for you and your child.

Mt. Washington Pediatric Hospital is committed to providing the highest quality of pediatric specialty care services to all children in a nurturing environment. We will do everything we can to make this process an easy one. If you have any questions, please call (410) 578-8600, or visit our web site at mwph.org.

You may wish to tour our facility prior to your child's transfer to Mt. Washington Pediatric Hospital. You can arrange a tour by calling the Admissions office at 410-578-2600.

The Best Choice For Your Child

Our families consistently rate Mt. Washington Pediatric Hospital as "very satisfactory" for providing quality of care—according to the Jackson Survey, which is based on nationwide hospital customer satisfaction rankings.

Our accreditations include: Commission on Accreditation for Rehabilitation Facilities (CARF), the Joint Commission, and CARF certification for the Pediatric Family-Centered Rehabilitation Program.

Mt. Washington Pediatric Hospital is a non-profit 501(c)(3) organization dependent on the generous financial support of the community to maintain and establish patient care programs. Your tax deductible gift would be greatly appreciated.

To make a gift, visit www.mwph.org.

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