

Outpatient Services

Post-Concussion: This program provides evaluations and treatment for children with both sports-related and non-sports-related concussions. Through a battery of tests administered by a clinical neuropsychologist, an appropriate treatment plan will be developed.

Neuropsychology: The goal of neuropsychology is to provide education and support, assess thinking skills, and assist with school re-entry. Neuropsychology also provides continual education and support to families on an individual basis and in a group format.

Psychology: The goal of psychology is to provide support to families and children and provide procedural assistance for medical procedures.

Community Re-entry: Children are taken on a variety of supervised outings into the community at different stages in their recovery where they can practice skills learned in their therapies, obtain new experiences, and build leisure interests and life skills.

Balance Clinic: Through the use of our Neurocom® Balance Master, this clinic offers services for the evaluation and treatment of children and adolescents with balance and movement disorders.

Rehabilitation Services

Physical Therapy, Occupational Therapy, Speech Therapy

Physiatry: Assessment of a child's ability to maintain and improve functional ability, social interaction and participation in play/leisure activities. Services include: nerve conduction studies, electromyography, comprehensive spasticity management, as well as collaboration with orthopaedic specialists.



Mt. Washington Pediatric Hospital

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Baltimore, MD 21209

Inpatient: (410) 578-8600

Outpatient: (410) 367-2222

www.mwph.org

Mt. Washington Pediatric Hospital: Advancing the care of children. A jointly owned corporate affiliate of the University of Maryland Medical System and the Johns Hopkins Health System.

Mt. Washington Pediatric Hospital is a non-profit organization which is dependent upon the generous financial support of the community to maintain and establish patient care programs. In that regard, your tax deductible gift would be greatly appreciated. To make a gift, visit www.mwph.org.



Management of Brain Injury

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Management of Brain Injury

The goal of rehabilitation is to improve your child's ability to function at home and in the community by improving their strength and skills such as grooming, bathing, eating, speaking, walking, and thinking.

Your child and you will work with an interdisciplinary team of therapists who will help your child meet his/her goals in all areas.

The team is comprised of professionals from different disciplines with extensive experience working with children who have a variety of diagnoses and impairments. Some therapists also have certification in brain injury specialization. The team includes:

- You and Your Child
- Physicians/Nurse Practitioners
- Nurses/ Assistants
- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Child Life Specialists/Recreation Therapists
- Psychologists
- Neuropsychologists
- Social Workers/Care Managers
- Respiratory Therapists
- Dietitians
- Others, as needed

Rehabilitation Structure

Care Plan: An individualized plan of care that promotes the best possible outcomes for your child and provides information on your child's prognosis, anticipated interventions, outcomes and discharge plans.

Team Meetings: Your child's progress is reviewed each week in our team meetings.

Family Meetings: You also will be invited to attend family meetings to receive an update of your child's progress and to discuss goals.

Community Re-entry: Children are taken on a variety of supervised outings into the community at different stages in their recovery. They can practice skills learned in their therapies, obtain new experiences, and build leisure interests and important life skills.

Inpatient Focus

Medicine: The goal of medicine is to oversee and coordinate your child's care on the unit and to communicate with other professionals about your child's care.

Nursing: The goal of nursing is to provide 24/7 care for your child in collaboration with the interdisciplinary team and prepare you to do so following discharge.

Physical Therapy: The goal of physical therapy is to help your child get stronger and improve your child's ability to move around (e.g., walking, stair climbing).

Occupational Therapy: The goal of occupational therapy is to improve or restore self-help skills, such as dressing, bathing, and brushing teeth, as well as memory and problem-solving skills.

Speech Therapy: The goal of speech therapy is to improve your child's ability to communicate, retrain thinking skills, and help your child to eat (if necessary).

Child Life/Therapeutic Recreation: The goal of Child Life/Therapeutic Recreation is to help ease the anxiety and stress associated with being in the hospital and promote normal growth and development. They also set up school for your child during the hospital stay and, if necessary, arrange for school accommodations after discharge.

Psychology: The goal of psychology is to provide support to families and children and provide procedural support for medical procedures.

Neuropsychology: The goal of neuropsychology is to provide education and support, assess thinking skills, and assist with school re-entry. Neuropsychology also provides continual education and support to families on an individual basis and group format.

Social Work: Social workers arrange family meetings, obtain needed services and provide support to families.

Care Managers: Care managers will give updates to the patient's insurance and community care providers, work to find needed services, set up follow-up appointments, and, if necessary, help you obtain required equipment for home.

Rehabilitation Day Program

Mt. Washington Pediatric Hospital provides high-quality, comprehensive rehabilitation services for children in an outpatient setting. In Day Treatment, children learn and work in a supportive environment structured much like a typical school day.

Individual and group activities are combined with medical therapies and education, when appropriate. A variety of outpatient medical and rehab specialties are available. All therapy programs are individualized to meet each child's needs.

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