

Mt. Washington Pediatric Hospital, Inc.
Division of Pediatric Psychology and Neuropsychology

Psychology Internship Program
Accredited by the American Psychological Association

ELIGIBILITY

Internship applicants must be advanced students in good standing in doctoral programs in clinical, counseling, or school psychology programs approved by the American Psychological Association. Applicants will have completed all coursework requirements, comprehensive evaluations, and will have met all requirements of their doctoral program making them eligible to apply for predoctoral internship. All candidates should have a substantial amount of prior practicum and other clinical experience. Applicants with strong backgrounds in child clinical or pediatric psychology are preferred. The internship program abides by Mount Washington Pediatric Hospital's (MWPH) policy as an Equal Opportunity Employer.

FUNDING AND BENEFITS

Three internship positions will be available for 2011-2012, with stipends set at \$25,500 for 12 months. A full benefits package is provided (identical to that offered to MWPH staff), including different health insurance options and short-term disability insurance. Interns are provided with funding for continuing education to be used during the internship year. Benefits include hospital holidays, one floating holiday, two weeks paid vacation, ten sick days, and five paid continuing education days. If interns are in need of mental health services, they will be referred to the hospital contracted Employee Assistance Program. This program provides rapid mental health evaluations, short-term therapy, and referral to community therapists for ongoing treatment. This initial service is provided free of charge for MWPH employees, post doctoral fellows, and pediatric psychology interns.

APPLICATION PROCEDURE

Mt. Washington Pediatric Hospital abides by the new APPIC policy of online submission of materials. The items listed below must be received by November 19, 2010.

1. APPIC Application for Psychology Internship (AAPI), available at the APPIC web site:

<http://www.appic.org>

2. Current vita

3. All graduate transcripts. Please feel free to describe additional courses you expect to complete before internship.
4. At least three letters of recommendation from people who know your work.
5. The APPIC Academic Program's Verification of Internship Eligibility and Readiness form.

Interviews are not required, but they are strongly encouraged. The primary reason for an interview is to permit both the internship program and the applicant to assess the degree to which the MWPB internship would be a good fit for an intern. We will hold interviews (**by invitation**) in January for this purpose. During the interviews, applicants will have an opportunity for a general orientation to the program, as well as personal interviews with internship faculty and current interns. The dates for this year's interviews will be:

Tuesday January 4, 2011
Tuesday January 11, 2011
Tuesday January 18, 2011

Applications will be reviewed by members of the Internship Selection Committee, and invitations to attend one of the three interview dates will be extended by December 16. Only those applicants for whom the internship appears to be a good fit will be invited to attend an interview.

INTERN SELECTION

All applications are reviewed and discussed by the Internship Selection Committee. Telephone interviews may be conducted in lieu of in-person interviews when necessary for those applicants **invited** to attend one of the internship interview dates. Applicants will be ranked by the end of January, with preliminary decisions made concerning selection. Interns are selected according to the procedures set forth by APPIC. Written confirmation of all acceptances is required.

Interns will be evaluated based on their application, graduate academic training and practicum experience, and professional goals and aspirations. Particular attention will be paid to matching the experience and needs of the intern with the philosophy, goals, and strengths of the internship program. The internship program abides by all relevant MWPB Human Resources hiring and retention policies (Accessibility Policy, Equal Employment Opportunity Policy). The program is nondiscriminatory in nature and avoids actions that would restrict program access on grounds that are irrelevant to success in an internship or the profession of psychology.

THIS INTERNSHIP SITE AGREES TO ABIDE BY THE APPIC POLICY THAT NO PERSON AT THIS TRAINING FACILITY WILL SOLICIT, ACCEPT OR USE ANY RANKING-RELATED INFORMATION FROM ANY INTERN APPLICANT.

PHILOSOPHY AND GOALS

The Pediatric Psychology Internship Program in the Division of Pediatric Psychology and Neuropsychology at Mount Washington Pediatric Hospital (MWPH) is designed to provide broad clinical, educational, and research experiences to interns who are dedicated to pursuing a career in pediatric psychology.

Mount Washington Pediatric Hospital has a strong commitment to an interdisciplinary approach to training. We believe that training pediatric psychologists in the medical setting increases the interns' understanding of medical culture, language, and issues. In addition, direct training in the medical setting teaches interns the skills necessary for effective collaboration and teamwork, as well as assisting in the development of familiarity and comfort with acute and chronic medical and developmental conditions. Our philosophy of training is reflected in the range of programs which serve as the core to our internship. These programs reflect the **practitioner-scholar model**, emphasizing the contributions of research findings to the practice of psychology.

The major goal of our internship program is to contribute to the development of **well-rounded and competent pediatric psychologists**. It is our belief that this is best achieved both by developing a **solid base of skills** in the areas of assessment, intervention, and consultation, as well as by acquiring **specialized skills** with a wide range of pediatric populations. We have designed our program to achieve this goal, and we have developed site-specific goals and objectives for our interns that are consistent with our training mission. Our intent is that clear site-specific goals and objectives enable interns to understand program expectations as well as what is required to become effective and capable pediatric psychologists. Our training model places a strong emphasis on the development of knowledgeable psychologists who integrate current theories and research into the practice of psychology. We expect our trainees to demonstrate an understanding of the ethical and professional responsibilities of practicing professional psychology and to show respect for diversity and demonstrate multicultural competence in their work with children and families.

Our pediatric psychology internship program is designed so that upon completion of the training year the intern will:

- Integrate current theories and research in the field of pediatric psychology with the practice of professional psychology
- Possess strong diagnostic skills with a range of assessment procedures that can be applied to a wide variety of problems and populations
- Demonstrate competence with different psychotherapeutic orientations and techniques for intervention

- Acknowledge and respect ethical and professional issues, including issues of diversity and multi-cultural factors
- Acquire the knowledge and competence to function as a pediatric psychologist in a variety of settings
- Appreciate the roles of other disciplines within medical settings, communicate meaningfully, and work constructively on an interdisciplinary or multidisciplinary team
- Be sensitive to the unique aspects of research with specific pediatric populations

PROGRAM HISTORY

From the early 1990's until 2002, MWPH had a formal and contractual relationship with the Pediatric Psychology Internship Training Program at the University of Maryland Medical System. University of Maryland Pediatric Psychology interns trained for required 6 month rotations at MWPH in the Division of Pediatric Psychology and Neuropsychology, and faculty from the Division have been adjunct faculty at UMMS, participating in all aspects of the internship program. Since the pediatric psychology internship program at the University of Maryland was put on inactive status beginning in 2002, MWPH has expanded its own training program, including extern and post doctoral training in both pediatric psychology and pediatric neuropsychology. In July 2010, the program was informed by the American Psychological Association that we are accredited retroactive to July 2008.

MOUNT WASHINGTON PEDIATRIC HOSPITAL (DIVISION OF PEDIATRIC PSYCHOLOGY AND NEUROPSYCHOLOGY)

The internship is sponsored by and housed in the Division of Pediatric Psychology and Neuropsychology at Mount Washington Pediatric Hospital. MWPH is jointly owned by the University of Maryland Medical System and Johns Hopkins University. The internship program is fully supported (both financially and in terms of resource allocation) by the administration at MWPH. Consistent with the mission of MWPH, the highest quality of care is provided to children and their families. Mount Washington Pediatric Hospital provides assessment, consultation, and treatment services to infants, children, adolescents, young adults, and their families through several different inpatient, outpatient, and day treatment programs. At MWPH, pediatric psychological and neuropsychological services are provided through the three major inpatient programs (Pulmonary, Physical Rehabilitation, Chronic Illness), day treatment programs (Rehabilitation, Feeding), outpatient clinics (Feeding Disorders Clinic, Obesity Clinic, Neuropsychology Clinic), and outpatient services (psychological and neuropsychological evaluations and therapy). Most of the inpatient, day treatment, and outpatient clinic programs are either interdisciplinary or multidisciplinary in nature, and interns have opportunities to train in most of these programs. The faculty and trainees at MWPH are involved in numerous service, training, and research projects. In addition to the internship, fellowships are offered in pediatric psychology and pediatric neuropsychology at MWPH.

FACILITIES

Mount Washington Pediatric Hospital, a 64 bed pediatric rehabilitation and specialty hospital, has been providing care for infants, children, adolescents and young adults with chronic medical and developmental conditions, and their families for over 80 years. The hospital has three primary inpatient programs (Physical Rehabilitation, Pulmonary, Chronic Illness), two day treatment programs (Rehabilitation, Feeding), numerous outpatient clinics and a broad array of outpatient services. The hospital also operates an inpatient and outpatient unit at Prince George's Hospital in Laurel, Maryland. Inpatients are generally referred from acute care settings (a small number of inpatient programs accept referrals directly from home), while day treatment and outpatients programs receive referrals from a variety of sources.

STUDENT FACILITIES

The facilities available for interns include office space with personal computers and telephones in the student office. Each intern will have their own desk, phone, and computer. The computers are part of a local area network with access to Division and hospital-wide shared drives and files and internet access. The Division has its own suite, including individual clinical rooms for assessment and therapy. There is a full range of audio and video taping equipment available, and the psychology clinical rooms have observation windows (one way mirror) and sound system, facilitating supervision and training. The interns have access to the medical library at MWPH, and some research support is available.

INTERNSHIP PROGRAM

The Mount Washington Pediatric Hospital Internship in Pediatric Psychology prepares interns for the practice of professional psychology with pediatric populations. Training includes experiences in the psychological assessment, evaluation, consultation, and treatment of infants, children, adolescents, and their families in pediatric inpatient, day treatment, and outpatient settings. Training and supervision are provided for psychological evaluations, therapy, and consultation. In addition to working with children and adolescents, the interns gain experience with adults by conducting family therapy and parent training. There are occasional opportunities to work with young adults as well. Interns work together with trainees in other specialties, including fellows in pediatric neuropsychology, residents in pediatrics, and trainees in social work, occupational therapy, physical therapy, and speech pathology.

The internship year begins August 27 and ends August 31. The year begins with an orientation week, when faculty members present a description of the activities and requirements of each training setting. In consultation with the faculty, each intern develops his/her individual schedule for the year, including elective rotations. The internship director is responsible for making the necessary logistical arrangements in order to accommodate each intern's individual training needs. Intern training programs may be modified when necessary, as the training needs of the intern may change.

The pediatric psychology internship core training program consists of required activities for all interns. The program is composed of **three required elements** and **electives** chosen by the intern.

The **first required element** involves direct clinical activities. Clinical training activities are organized so that interns acquire and refine basic skills in assessment, consultation, and intervention with a variety of pediatric populations in the **core** clinical training settings. Core clinical training settings include testing (psychological testing through MWPH Outpatient Center), outpatient therapy (through MWPH Outpatient Center, Feeding Day Treatment Program, and Childhood Obesity Program), consultation (through inpatient and day treatment programs), and inpatient intervention (through inpatient Consultation and Liaison Program).

The **second element** of the core training program is attendance and participation in the required seminars and rounds. The **final core element** of the program is supervision. This includes at least four hours of supervision a week, at least two of which are direct one-to-one supervision. The remainder of the intern's training time is devoted to **elective experiences**. Three elective experiences are offered at MWPH, as described below. Interns will participate in two of these experiences for six months each. The interns will meet with the training director at the beginning of the training year to discuss their preferences.

CORE EXPERIENCES

Outpatient Psychological Evaluation

Psychological testing through MWPH Outpatient Center (12 months)

Outpatient Therapy

Weekly outpatient therapy cases through MWPH Outpatient Center (12 months)

Inpatient Consultation and Liaison

Assessment, consultation, and intervention involving inpatients with medical diagnoses (12 months)

ELECTIVES (Each intern will participate in 2 of these 3 rotations for six months each)

Feeding Disorders Program

Assessment, consultation, and behavioral intervention with children with behavioral feeding disorders (6 months)

Obesity Program

Assessment, consultation, and behavioral intervention with children with obesity and their caregivers (6 months)

Diabetes Program

Consultation and treatment of children in our outpatient diabetes program.

REQUIRED SEMINARS

Applied Pediatric Psychology Seminar
 Pediatric Psychology Didactic Seminar
 Pediatric Psychology Journal Club / Therapy Seminar
 Director's Meeting

SUPERVISION

Training and supervision by licensed psychologists is provided for all of the professional activities performed by the interns. Specifically, supervision is provided for all clinical, research, and teaching activities. Interns receive 2 to 3 hours of individual face to face supervision per week by a licensed psychologist (for core areas), in addition to group supervision and supervision for rotational experiences (by licensed psychologists) and individual and group supervision by post doctoral fellows (under the supervision of a licensed psychologist). More intensive supervision is offered at the beginning of the training year and is tapered as the interns' skills are solidified. However, the minimum hours of supervision (as described above) is always maintained, with interns receiving at least 4 hours of supervision by licensed psychologists a week. The Division is involved in training doctoral students in the region for practicum experience, and interns may have the opportunity to provide some supervision (under the supervision of licensed faculty members).

Many of the experiences that are offered by our program are unique to the pediatric setting, and in-vivo modeling and training are often used to orient the interns to these specialized services. Our program utilizes multiple forms of supervision. We have resources that enable interns to videotape sessions and use one-way mirror facilities so direct observations are possible. There are ample opportunities for interns to directly observe faculty members doing clinical work.

TRAINING SITES**Outpatient Psychological Evaluation**

Through the Outpatient Center, interns are responsible for the entire process of psychological evaluation for outpatients and day patients, including preparation of treatment plans, interviewing, testing, data interpretation, report writing, and feedback.

Referrals come from physicians, schools, state agencies, community mental health centers, social workers, parents, and other professionals at MWPH. Referral issues involve diagnostic questions and problems in attention, memory, organization, and learning, as well as problems in behavioral and emotional functioning. Supervision is provided by pediatric psychology faculty.

Rotation Goals and Objectives

Goal: The intern will demonstrate knowledge and competence in administering and scoring psychological tests for children, writing detailed and accurate reports of findings, formulating effective recommendations based on evaluation results, and providing appropriate feedback to families and caregivers.

Objective #1: The intern will be aware of relevant theory and testing issues as they pertain to psychological testing (e.g., reliability, validity, normative sampling)

Objective #2: The intern will successfully administer and score psychological tests assessing intelligence, achievement, cognitive functioning, and emotional functioning

Objective #3: The intern will demonstrate competence in generating a comprehensive report of psychological functioning, incorporating patient history, behavioral observations, test results, clinical impressions, diagnoses, and recommendations

Objective #4: The intern will demonstrate competence in providing accurate and helpful feedback to families and/or caregivers based on results of psychological testing

Activities, methods of assessment, and outcome measures to achieve these goals and objectives will be presented to the interns at the beginning of their internship year.

Outpatient Therapy

Through the Outpatient Center, interns carry a caseload of child and family outpatient therapy cases. Referrals come from physicians, schools, state agencies, social workers, parents, and other professionals at MWPH. Children and families are referred because of problems in emotional and behavioral functioning. Supervision is provided by pediatric psychology faculty.

Rotation Goals and Objectives

Goal: The intern will demonstrate the knowledge and competence to function independently as a diagnostician and therapist. The intern will demonstrate competence in developing effective rapport with a diverse population of children and families, diagnosing a wide range of disorders of childhood, developing effective treatment plans with families and caregivers, and implementing these treatments in effective ways.

Objective #1: The intern will demonstrate competence in performing a comprehensive diagnostic interview

Objective #2: The intern will demonstrate the ability to develop effective rapport with a diverse population of patients and caregivers

Objective #3: The intern will demonstrate competence in formulating an effective treatment plan for patients, based on diagnosis and report of symptoms

Objective #4: The intern will demonstrate competence in implementing and carrying out treatment plans in a manner that is clear and understandable to children and their caregivers

Objective #5: The intern will demonstrate competence in case management skills relevant to specific cases

Activities, methods of assessment, and outcome measures to achieve these goals and objectives will be presented to the interns at the beginning of their internship year.

Inpatient Consultation and Liaison Service

Interns will have a caseload of inpatients throughout the internship year. Consultation requests involve evaluating and providing service to help children and their families adapt to acute and chronic medical conditions, medical regimens, separation from family, home, and friends, and pain management. Patients have a variety of conditions, including orthopedic anomalies and injuries, burns, brain injuries and neurological conditions, diabetes, asthma and other pulmonary conditions, cardiac problems, AIDS, feeding and related food and GI disorders, and lead poisoning. Although the majority of consultations involve patients over 2 years of age, pediatric psychology is occasionally consulted on cases in the neonatal unit. Interns are responsible for reviewing medical records, consulting with staff, observing rehab sessions, interviewing child and family, and completing consultation reports. Interns are also responsible for communicating findings to both the family and to the clinical team (typically by attending the appropriate rounds). They develop goals and objectives, communicate these to the clinical team (the interdisciplinary team working with that child), and develop an appropriate treatment plan. The intern continues to provide consultation and therapy services to that child and family throughout their admission to the hospital. Supervision is provided by pediatric psychology faculty.

Rotation Goals and Objectives

Goal: The intern will demonstrate the knowledge and competence to function independently as a consultant to pediatric inpatient and outpatient populations. The intern will be able to write a complete and concise consultation report/evaluation. The intern will be able to communicate the results of the consultation to the medical team and the patient's family.

Objective #1: The intern will be able to assess the reason for referral

Objective #2: The intern will understand the role of the consultant on the Consultation Liaison Service

Objective #3: The intern will demonstrate the skills to work effectively and collaboratively within the context of a multi-disciplinary team

Objective #4: The intern will demonstrate competence in conducting a mental status exam with children and adolescents

Objective #5: The intern will demonstrate competence in general clinical interview skills

Objective #6: The intern will demonstrate competence in presenting the case conceptualization, including integration of medical, psychological, and psychosocial factors

Objective #7: The intern will demonstrate competence in using the multi-axial diagnostic system (DSM-IV)

Objective #8: The intern will demonstrate the ability to develop appropriate recommendations and discharge plans for the patient

Objective #9: The intern will be able to summarize all relevant data in a written diagnostic assessment and provide detailed information about treatment and progress in a written discharge summary

Objective #10: The intern will integrate clinical experiences with cases into ongoing seminars

Activities, methods of assessment, and outcome measures to achieve these goals and objectives will be presented to the interns at the beginning of their internship year.

Feeding Disorders Program

The Feeding Disorders Program serves infants, toddlers and children with a variety of feeding or eating problems. The primary role for interns is attending the Feeding Day Treatment Program (FDTP). However, interns will also be responsible for following inpatient and outpatient cases involving feeding disorders. The FDTP is a six-week intensive outpatient program involving multiple disciplines, including medicine, nursing, pediatric psychology, social work, nutrition, occupational therapy, and speech pathology. Interns are involved in several of the functions of pediatric psychology, including behavioral feeding evaluations, team consultation, development of feeding protocols, development of patient short and long term goals, implementation of feeding treatment plan, and caregiver training. Issues addressed include inappropriate mealtime behaviors, premature termination of meals, selective diet, food refusal, anxiety, caregiver-child interaction, and caregiver training. Supervision is provided by pediatric psychology faculty.

Rotation Goals and Objectives

Goal: The intern will develop an understanding of feeding disorders and the relationship between the feeding disorder and family functioning. The intern will conduct intakes and assessments of a variety of patients with feeding disorders across multiple settings. The intern will use behavioral observations and interviews to develop effective mealtime interventions. The intern will provide parent training to caregivers to promote generalization of progress to the home setting.

Objective #1: The intern will be able to collect data when observing and during therapy at 80% accuracy

Objective #2: The intern will calculate data and make appropriate interpretations of the data

Objective #3: The intern will use data to make treatment decisions

Objective #4: The intern will be able to feed patients independently

Objective #5: The intern will use behavioral observations to guide treatment decisions

Objective #6: The intern will be able to complete a behavioral feeding intake and evaluation

Objective #7: The intern will gain an understanding of diagnoses relating to children with feeding disorders

Objective #8: The intern will use appropriate documentation via chart notes, mealtime protocols, feeding evaluations, and outpatient treatment summaries

Objective #9: The intern will display appropriate interactions with the multidisciplinary team

Activities, methods of assessment, and outcome measures to achieve these goals and objectives will be presented to the interns at the beginning of their internship year.

Obesity Program

The obesity program is a multidisciplinary program designed to assist children and their families in enacting positive lifestyle changes. The program includes medical and nutrition education, exercise, and behavior management. Pediatric psychology plays a major role in meeting with the patients and their families in a group format, helping them enact positive changes in eating habits and exercise. Interns are involved in the obesity screening clinic and in facilitating group therapy sessions. Supervision is provided by pediatric psychology faculty.

Rotation Goals and Objectives

Goal: The intern will be able to participate in the assessment and treatment of children and adolescents defined as overweight or obese by their physicians. The intern will be able to develop and implement effective treatments for children and families, including the dissemination of information, combining nutrition, exercise and behavioral theory in both individual and group format.

Objective #1: The intern will be able to perform an effective diagnostic interview with the family of a child who is obese or overweight

Objective #2: The intern will participate in the process of team decision making regarding the most effective course of treatment for children who are obese or overweight

Objective #3: The intern will participate in the individual treatment of families of children who are obese or overweight

Objective #4: The intern will participate in interdisciplinary group treatment of families of children who are obese or overweight

Obesity Program

The obesity program is a multidisciplinary program designed to assist children and their families in enacting positive lifestyle changes. The program includes medical and nutrition education, exercise, and behavior management. Pediatric psychology plays a major role in meeting with the patients and their families in a group format, helping them enact positive changes in eating habits and exercise. Interns are involved in the obesity screening clinic and in facilitating group therapy sessions. Supervision is provided by pediatric psychology faculty.

Diabetes Program

Rotation Goals and Objectives

Goal: The intern will participate in diabetes clinic as a member of the outpatient diabetes team. The intern will be asked to consult with families who are having difficulties managing their diabetes, and to follow up in behavioral therapy. The intern will also participate in giving feedback to the diabetes team to help guide the care of the child.

Objective #1: The intern will be aware of the biology, symptoms, and appropriate medical treatment of Type 1 and Type 2 diabetes.

Objective #2: The intern will be aware of the potential psychosocial variables that interfere with appropriate medical care of diabetes.

Objective #3: The intern will be able to incorporate relevant diabetes information into their clinical intake.

Objective #4: The intern will serve as an active part of the multidisciplinary treatment team by sharing information and making recommendations.

Objective #5: The intern will make appropriate psychological recommendations for managing the social, emotional and behavioral aspects of diabetes care, and participate in implementing treatment as needed.

Activities, methods of assessment, and outcome measures to achieve these goals and objectives will be presented to the interns at the beginning of their internship year.

SEMINARS

Required seminars address basic and advanced assessment, intervention, and consultation issues in pediatric psychology, professional and ethical issues, issues of diversity and multicultural issues, research, and special topics. Seminars are typically one hour long, meet weekly, and are led primarily by Division faculty, along with guest speakers. Interns are also encouraged to participate in a wide variety of hospital-wide training opportunities (e.g., clinical forum, lunch and learn, rehabilitation lectures and speakers, computer classes).

Assessment/Therapy Seminar

The Assessment/Therapy involves case presentations on both assessment and therapy cases with invited feedback/discussion from students and faculty. In this seminar, cases are presented on a rotating basis among faculty and students, with internship faculty presenting cases first to provide a model for the presentation format. Each intern presents multiple cases during the year. Cases are chosen with the guidance of the intern's primary supervisor, who in turn serves as lead discussant during the presentation. The first presentation is primarily a clinical presentation, with the intern presenting relevant data and providing a case formulation. Discussions include recommendations for treatment, alternative conceptualizations, and additional feedback to promote quality care provision and professional development of the intern. The second, and subsequent presentations, are more focused and topical, and interns present a case, along with literature relevant to that case (i.e. diagnostic, treatment, research).

Pediatric Psychology Didactic Seminar

The Pediatric Psychology Didactic Seminar provides interns with basic and advanced education regarding the primary professional and clinical issues facing pediatric psychologists. This seminar is a formal didactic presentation in lecture format. The lectures are organized in such a manner that the interns progress from more basic issues relevant to clinical work with children, adolescents and families (e.g., conducting interviews, pediatric psychology consultation, behavioral assessment, testing, DSM-IV diagnoses) to lectures focusing on more advanced topics and special populations (e.g., gastrointestinal and feeding disorder, pediatric oncology, HIV, traumatic brain injury). The seminar also focuses on issues related to ethics and professional development, including evidence based interventions, issues of diversity and multicultural factors, working with other disciplines, working with difficult families, and termination. Interns will be provided with supportive reading material and/or directed to outside educational materials.

Pediatric Psychology Journal Club/Therapy Seminar

Every other week, the interns will participate in a brown bag lunch discussion led by the pediatric psychology post-doctoral fellow and pediatric psychology faculty. The Journal Club focuses on current literature relevant to the field of pediatric psychology as it applies to the provision of therapy. Interns are asked to present a case to the group, and to also present empirical support for their treatment methodology. Literature to be discussed will be provided at least one week in advance to ensure adequate time to review the materials. The intent of this series is to provide a relatively low-key collegial atmosphere that will promote professional competence and development.

Director's Meeting

Interns meet with the Director of Internship Training as a group to discuss issues related to the internship experience. Discussions focus on intern progress, intern problems or concerns, and shared experiences, as well as professional issues, such as preparation for

future training or jobs. The meeting also serves as an opportunity for the interns to meet in an informal manner with no set didactic agenda. Meetings take place on a biweekly basis.

INTERNSHIP PROGRAM REQUIREMENTS AND EXPECTATIONS

It is important that interns have a clear and thorough understanding of the expectations for their performance, including expectations for continuing in and completing the internship program and conditions and procedures for termination. It is expected that interns will:

1. Complete all goals and objectives for the required and elective rotations as indicated.
2. Attend didactic seminars and supervision sessions as indicated.
3. Become familiar with and follow all Division and internship policies and procedures.
4. Become familiar with and follow all relevant hospital-wide policies as discussed during orientation and with their supervisors.
5. Adhere to all relevant codes of ethical conduct as discussed during orientation and with their supervisors.
6. Maintain appropriate caseloads for all rotations (as discussed at orientation and with their supervisors on each rotation). Interns typically do one psychological evaluation three weeks out of four (throughout the 12 months), follow two to three inpatients at a time as part of their consultation and liaison experience (throughout the 12 months), and follow five to ten outpatients at a time throughout the year. Interns spend two mornings a week in the Feeding Day Treatment Program (6 month rotation) for half the year. During the obesity rotation, interns participate in the obesity screening clinic one morning a week and attend obesity team rounds. Interns typically attend and help facilitate one of the obesity groups on a weekly basis (10 weeks). They are also able to follow obesity patients on an outpatient basis. During the diabetes rotation, interns are expected to carry a caseload of diabetes patients, as well as participating in consultation with the diabetes treatment team, and helping to lead the diabetes support group. Caseloads for elective rotations are variable and are discussed at orientation and with their supervisors throughout the rotations. Completion of the internship requires a minimum of 2000 hours of supervised clinical experience and participation in the internship on a full-time basis for one full calendar year. If illness or other circumstances make it impossible for the intern to meet the 2000 hour minimum by the official ending date, special arrangements will be made.

The internship is structured so that each intern has experience with populations that vary in terms of age, gender, socioeconomic background, ethnic origin, and presenting problems.

Vacation time (Paid Time Off or PTO) consists of all hospital holidays (e.g., Memorial Day, Thanksgiving, Labor Day, New Year's), in addition to two weeks of paid vacation.

Interns get 10 sick days, one floating holiday, and 5 paid days for continuing education (along with a financial stipend).

Interns will receive feedback quarterly from their rotational supervisors (in addition to all feedback provided through regular supervision). Formal written feedback will be completed at the end of 6 months, and again at the end of the internship year. Feedback will address the intern's performance and progress in terms of professional conduct and psychological knowledge, skills and competencies in the areas of psychological assessment and testing, intervention, and consultation. Feedback will also include the extent to which the intern has met or is meeting the objectives as defined for each rotation. Feedback will include timely written notification of all problems that have been noted and the opportunity to discuss them, guidance involving steps to remediate noted problems, and written feedback addressing the extent to which steps or corrective actions are or are not successful in addressing the issues of concern. Written feedback will be sent to the intern's graduate school program after 6 months and at the end of the internship year.

If an intern is not meeting the expectations of the internship program, the internship faculty will develop a remedial plan for the intern, and the intern's primary supervisor will contact the intern's graduate school chair. If, after consultation with the intern's graduate school program, the internship faculty determines that the intern is not able to meet the internship expectations, the intern will be terminated. A termination plan will be developed and implemented, along with recommendations for continued remediation outside of the internship program.

At the beginning of the internship program, interns will be given written procedures to follow for complaints or grievances involving disagreements regarding supervisor feedback or other issues that arise during the internship year.

FACULTY

Kenneth Gelfand, Ph.D.
 Licensed Psychologist
 Training Director, Pediatric Psychology Internship Program
 Director of Outpatient Psychology Services, Senior Psychologist

Steven E. Band, Ph.D.
 Licensed Psychologist
 Director, Division of Pediatric Psychology and Neuropsychology

Shira Benhorin, Ph.D.
 Licensed Psychologist
 Feeding Specialist

Andrew Burns, Ph.D.
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James Hyche, Ph.D.

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Director of Psychology Services for the Feeding Disorders Program

Caitlin Joy, Psy.D.

Licensed Psychologist

Director of Psychological Testing Services

Elizabeth Getzoff Testa, Ph.D.

Licensed Psychologist

Coordinator of Psychology Services for the Weigh Smart Program

Harriette Wimms, Ph.D.

Psychology Faculty

Specializes in Outpatient Therapy and Recovery from Pediatric Burns

Kimberly Derrickson, Ph.D.

Licensed Psychologist

Mt. Washington Pediatric Hospital at Prince George's Hospital