

Welcome Spring...and to our inaugural issue of *Handprints E-News*!

The emergence of the Internet has had an impact on nearly every area of our lives. That's why we have created with careful consideration, *Handprints* as another way to connect with the Mt. Washington Pediatric Hospital family. It is our goal to share the latest hospital happenings, recent donations and upcoming events.

Over the past seven years as Mt. Washington Pediatric Hospital's CEO, I have been deeply touched by the generosity of community supporters who are equally passionate about our mission. From the physicians and nurses, to our leadership team and other professionals, we all are part of an extraordinary community dedicated to provide care for chronically ill or injured children and their families.

I hope you enjoy reading the following stories of our supporters' kindness and are inspired by their philanthropy. I encourage your comments and look forward to keeping you updated as we maintain the tradition of excellence that is Mt. Washington Pediatric Hospital.

Warmest regards,

Sheldon Stein, President and CEO

The George A. Lentz, Jr. M.D. Healing Garden

Throughout history the sights, sounds, and smells of a garden have always provided people with a feeling of serenity and peace, particularly during times of stress. In recognition of the importance of providing a soothing environment for our patients and their loved ones, Mt. Washington Pediatric Hospital is creating a large garden outside the rehabilitation unit for respite and therapy needs.



Dr. Lentz is surprised to learn the Healing Garden will be named in his honor.

It was formally announced on January 16 by Sheldon Stein, that the garden will be named in honor of Dr. George Lentz. The Dr. George A. Lentz Healing Garden is expected to be completed in latter spring of this year. Please join the MWPH community in congratulating Dr. Lentz on this well deserved honor!

"We are excited to see the George A. Lentz Healing Garden finally become a reality," states Sheldon Stein, President and Chief Executive Officer, "This therapeutic environment will complement the excellent care we already provide."

The Healing Garden will allow therapists to interact with patients in a natural setting, while promoting social contact with other patients. The garden design will help patients in coping with the major stress that accompanies traumatic injury or illness, hence improving health outcomes. The

space has been designed to be used as a rehabilitation area for teaching our young patients to maneuver on different types of terrain. This therapeutic option will assist them to navigate their way around their home and community when they leave the hospital.

Over the last several months, hospital leadership and members of the MWPH rehabilitation staff have participated in planning the garden for the maximum therapeutic benefit and care of our patients. A special thanks to project leaders, Earnie Standley and Susan Dubroff and the

following focus group participants for their valuable input: Lindie McDonough, Dale Swartos, Kathleen Gray, Pam Klima, Violet Ebbesen, Bridget Zienty, John Cox; Linda Thorton; Denise Pudinski; Sloane Francis, Lois Bower, Charise Gordon, Vivian Finney and Kathleen Shanks.

Lastly, our deepest appreciation to the following donors who are making this project possible: Sandy D. Hess, David Dalsheimer, The Gilman Lower School, Eileen and John Killman and The Family of Benjamin C. Davis.

Ultimately, our hope is to achieve a mentally and physically restorative space in which every individual will be able to seek and find comfort, inspiration, and strength. In the coming months, we will provide updates on the garden's progress and activities surrounding a formal dedication.

Upcoming Events . . .

21st Annual Covenant Guild Walk of Love

Sunday, May 18th

Pikesville High School

8:30 am (check-in)

3.5 mile walk

For more information email:

jlgreenberg@comcast.net



Whole Foods Market: Putting the "Green" in Halloween!

Molly Kushner, Director of Marketing with the Whole Foods Market in Mt. Washington presented Shelly Stein, Richard Katz, M.D. and Michelle Demeule with a \$1,000 check from an in-store Fall promotion where the Mt. Washington store sold Halloween bags for \$2.00. For every bag purchased, a full \$2.00 benefited Mt. Washington Pediatric Hospital's Weigh Smart Program.

Over the past year, Whole Foods Market has

been a wonderful community partner of MWPH. The Mt. Washington location provided gift cards to Weigh Smart families to purchase healthy and nutritionally balanced food, as well as donated gift cards to support last year's silent auction at Fashion Fever.

Our heartfelt appreciation to Whole Foods Market for its commitment to increase knowledge about healthy eating and to improve the future of our children.

Handprints E-News is a publication for Mt. Washington Pediatric Hospital donors, board members and staff to inform them about development activities and events. For information, questions, suggestions or to unsubscribe, please contact development@mwph.org.