FOOD INTAKE LOG Fill out three days of food records, one sheet for each day. Under the column "Amount Consumed", do not use words like "pieces", "bites" or "sips". Instead use teaspoons, tablespoons, cups, or ounces. Under "Description", include the brand name of the food if it is a pre-made/packaged item.
Date \& Day of Week: $\qquad$ Was child ill on this day? Y/N Vitamin/Mineral supplements taken: $\qquad$ G-Tube feedings - if applicable (name formula, feeding schedule, volume of each feeding, and water flushes):

Formula Recipe - if applicable (example: 6 scoops Enfamil Lipil powder + 10 ounces water):
$\overline{\text { Day's intake considered: } \square \text { Typical for Child } \square \text { More than Usual } \square \text { Less than Usual }}$


| DAY 2Time | Place food was consumed <br> (home, school, restaurant, etc) | Food, Beverages (Meals and Snacks) |  | Amount Consumed |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Food/Beverage Item | Description (include Brand name of food) |  |
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| DAY 3 | $\begin{array}{l}\text { Place food was } \\ \text { consumed } \\ \text { (home, } \\ \text { school, } \\ \text { restaurant, etc) }\end{array}$ | Food, Beverages (Meals and Snacks) |  |
| :---: | :--- | :--- | :--- | :--- |\(\left.\quad \begin{array}{c}Amount \\

Consumed\end{array}\right\}\)

